



K.L. MEHTA DAYANAND COLLEGE FOR WOMEN

FARIDABAD

EXCELLENCE • EMPOWERMENT • ETHICS



YRC

Youth Red Cross
— ANNUAL REPORT —

2025 - 26

“

*Service to humanity
is the best work of life.*

”



WE SERVE



WE CARE



WE INSPIRE



DONATE BLOOD



FIRST AID



HUMANITY



OUR GUIDING LIGHTS



Dr. Anand Mehta
President, MDES



Dr. Meenu Dua
Principal



Dr. Shveta Arya
YRC COUNSELLOR
UNIT-I



Dr. Babita Sharma
YRC COUNSELLOR
UNIT-II



WE SERVE ♥ WE CARE ♥ WE INSPIRE

TOGETHER FOR HUMANITY, FOREVER FOR SERVICE



Youth Red Cross (YRC): Inspiring Humanity and Social Responsibility

The Youth Red Cross (YRC) is a distinguished voluntary organization functioning under the aegis of the Indian Red Cross Society. It is committed to nurturing humanitarian values, social consciousness and leadership qualities among young individuals. The organization strives to instill the spirit of selfless service and encourage students to contribute meaningfully to society.

The fundamental objectives of YRC revolve around health, service, and friendship. It organizes a multitude of activities, including blood donation drives, first-aid training programmes, health awareness campaigns, environmental conservation initiatives, disaster management workshops and community outreach programmes. Through these endeavors, students acquire practical skills and develop a profound sense of civic responsibility.

The Youth Red Cross is guided by seven cardinal principles: humanity, impartiality, neutrality, independence, voluntary service, unity and universality. These principles emphasize compassion, equality and solidarity, inspiring volunteers to serve people irrespective of their religion, caste, nationality, or social background.

Participation in YRC activities fosters teamwork, empathy and resilience among students. It also equips them with essential leadership and communication skills, enabling them to respond effectively during emergencies and humanitarian crises. Furthermore, YRC serves as a platform for young minds to cultivate discipline, integrity and social commitment.

In an era characterized by rapid social transformation, the Youth Red Cross plays an indispensable role in creating responsible and compassionate citizens. By empowering the youth with values of kindness and service, YRC continues to contribute significantly toward building a healthier, more inclusive and harmonious society.

PRINCIPAL'S MESSAGE



It gives me immense pleasure to extend my warm greetings through this edition of the Youth Red Cross (YRC) Magazine. This magazine reflects the unwavering commitment, dedication and compassionate spirit demonstrated by our YRC volunteers throughout the year. The Youth Red Cross is much more than an organization—it is a movement that inspires young minds to uphold the ideals of humanity, service and social responsibility. Our YRC units have consistently undertaken meaningful initiatives including health awareness programmes, blood donation drives, first aid training, environmental campaigns, community outreach activities and humanitarian service. These endeavours have not only benefited the community but have also nurtured leadership, empathy, discipline and a strong sense of civic responsibility among our students.

I am immensely proud of our enthusiastic volunteers who have selflessly contributed their time and energy in serving humanity. Their commitment reflects the true spirit of the Youth Red Cross and reinforces our institution's vision of nurturing socially responsible and compassionate citizens.

I encourage every student to become a part of the Youth Red Cross and embrace its noble mission of "Service before Self." Together, let us continue to spread kindness, strengthen the spirit of volunteerism and work towards building a healthier, more inclusive and compassionate society.

My best wishes to the entire YRC family for continued success in all its future endeavours.

Dr. Meenu Dua
(Principal)

INDEX

S.No.	CONTENT	DATE	Page No.
1.	OREINTATION DAY	11-08-2025	4
2.	BLOOD DONATION CAMP	12-08-2025	5
3.	INDEPENDENCE DAY	15-08-2025	6
4.	WORKSHOP ON FLAGSHIP SCHEMES	19-08-2025	7
5.	5 DAYS DISTRICT YRC CAMP	9 to 13-09-2025	9
6.	TREE PLANTATION	17-09-2025	19
7.	WORKSHOP ON GENDER JUSTICE	30-09-2025	20
8.	MENTAL HEALTH DAY	13-10-2025	22
9.	REPUBLIC DAY	26-01-2026	23
10.	VISIT TO NATIONAL ASSOCIATION FOR BLIND	26-01-2026	25
11.	VOLUNTEERING AT SURAJKUND	31 to 15-02-2026	26
12.	MEGA HEALTH CHECK UP CAMP	18-03-2026	28
13.	ONE DAY OREINTATION PROGRAM FOR YRC -MDU	17-03-2026	30
14.	DENTAL CHECK UP CAMP & EDUCATIONAL TOUR	27-03-2026	31
15.	WORLD HEALTH DAY	7-04-2026	32
16.	ANEMIA TESTING & TREATMENT DRIVE	27-03, 10, 15, 22-04-2026	33
17.	ONE DAY FIRST AID TRAINING CAMP	11-04-26	34
18.	DHANYAVAAD EVAM VIKSIT FARIDABAD RALLY	4-04-2026	35
19.	RED CROSS DAY	8-05-2026	36
20.	ENVIRONMENT DAY	5-06-2026	38
21.	YOGA DAY	21-06-2026	39
22.	MOCK DRILL	24-06-2026	40
23.	STRAY DOG MANACE	27-06-2026	41
24.	WORK SHOP ON WASTE MANAGEMENT	30-06-2026	42
25.	LIST OF VOLUNTEERS UNIT I		43
26.	LIST OF VOLUNTEERS UNIT II		45
27.	BEST VOLUNTEERS		47
28.	OFFICIAL LETTERS		48, 49, 50

OREINTATION DAY

The Youth Red Cross Society of K.L.Mehta Dayanand College for Women, Faridabad organized Orientation Day on 11th August 2025. The aim of the programme was to welcome new members and introduce them to the objectives, vision and planned activities for the next academic session.

Mr. Himanshu (Lay Lecturer, Indian Red Cross Society) was the Resource Person for the Programme. He shared an overview of the concept of First Aid and explained its importance in everyday life. Students were selected as office bearers and new YRC volunteers were added for upcoming session, marking the beginning of their journey in humanitarian service. Around 60 students attended the event



BLOOD DONATION CAMP

Youth Red Cross Society (YRC) of K.L. Mehta Dayanand College for Women, Faridabad, successfully organized a Blood Donation Camp on 12th August 2025 in collaboration with the Rotary Club of Faridabad and Rotary Club of Faridabad NIT Next. The event aimed to encourage the noble act of blood donation and spread awareness about its importance in saving lives. The program was graced by the presence of our Chief Guest, Dr. Anand Mehta, President, MDES, Our Principal, Dr. Meenu Dua. Distinguished guests included Rtn. P.C. Vaish, President, Rotary Club of Faridabad, Rtn Amit Arya(AG), Rtn. Shubhankit Gupta, President, Rotary Club of Faridabad NIT Next, Rtn. P.P. Pasricha, President, Rotary Blood Bank, Rtn. Deepak Prasad, Treasurer, Rotary Blood Bank.

The camp witnessed enthusiastic participation from students, faculty and staff members. Before donating blood, donors underwent health check-ups including blood pressure, temperature, and hemoglobin level testing. 43 units of blood were collected.



INDEPENDENCE DAY

YRC of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with the Faridabad Administration, celebrated the 79th Independence Day on 15th August 2025 with great patriotic fervour and pride. The college had the privilege of hosting the Sub-Divisional Independence Day Celebration for the entire Badkhal area.

The Chief Guest for the occasion was Shri Dhanesh Adlakha, Hon'ble MLA, Badkhal, Faridabad and Dr. Manju Dua, Former Principal, K.L. Mehta DNCW. As part of the celebration, YRC units of the college organized a Poster Making and Slogan Writing Competition based on the theme "Honouring Freedom, Inspiring Future." Students displayed their creativity and deep sense of patriotism through vibrant posters and impactful slogans. 50 students participated in different activities.



WORKSHOP ON FLAGSHIP SCHEMES

Workshop on Flagship Schemes was organized by Youth Red Cross Society, K.L. Mehta Dayanand College for Women, Faridabad in collaboration with Ministry of Youth Affairs & Sports (Govt. of India) and My Bharat (Mera Yuva Bharat) on August 19, 2025. Officials from Faridabad Lead Bank, Mr. Atish Parikh and Mr. Chirag, elaborated on important financial schemes including Stand-Up India Scheme, Pradhan Mantri Suraksha Bima Yojana (PMSBY), Pradhan Mantri Mudra Yojana (PMMY)

From the Artificial Limbs Manufacturing Corporation of India (ALIMCO), Ministry of Social Justice & Empowerment, Government of India, Dr. Rajesh Das and his team presented detailed information about assistive devices (such as artificial limbs) and schemes designed for the benefit of persons with disabilities and senior citizens.

Mr. Dharmender Kasna, Director, Drug De-addiction Centre, Sector-14, Faridabad, run by the District Red Cross Society, shared insights into the rehabilitation initiatives and welfare efforts being carried out for de-addiction and treatment.

Mr. Himanshu Bhatt from My Bharat stated that this workshop not only familiarized the youth with government schemes but also spread awareness about financial, social, and health-related services—areas of great importance in today's times.

The programme witnessed enthusiastic participation from 94 students along with faculty members.



H0STED 5-DAYS DISTRICT YRC TRAINING CAMP

Inauguration of 5-Days District Youth Red Cross Training Camp

Under the able guidance of Vikram Singh, Deputy Commissioner & President, District Red Cross Society, Faridabad, and as per the directions received from Ankush Miglani, Vice President, and Mahesh Joshi, General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh, and under the leadership of Secretary Bijendra Sarout, a five-day District-level Youth Red Cross Training Camp was organized with the cooperation of the Education Department. The camp was held from 9th September 2025 to 13th September 2025 at K.L. Mehta Dayanand College for Women, NIT-3, Faridabad. A total of 100 students from 20 universities & colleges along with 20 Youth Red Cross counsellors participated.

The camp was inaugurated by the Chief Guest, Dr. Meenu Dua, Principal, K.L. Mehta Dayanand College for Women, NIT-3, Faridabad, by lighting the lamp before Goddess Saraswati and offering floral tributes to the founder of Red Cross, Sir Jean Henry Dunant.

On this occasion, District Red Cross Society Secretary Bijendra Sarout welcomed the chief guest. He elaborated on the history of the Red Cross, stating that it is an international organization established in 1863 by Sir John Henry Dunant, who was later honored with the first Nobel Peace Prize in 1901. Sh. Purshottam Saini, District Training Officer, informed about the activities run by Red Cross.

Dr. M.P. Singh, Lifetime Member, Red Cross Society Faridabad, stated that Youth Red Cross is a platform where young people can showcase their talent, skills, knowledge, and abilities for the welfare of society.

Mr. Ishank Kaushik, Camp Director, briefed all participants about the schedule of the training camp and appealed to the youth to implement the learnings of the five-day training in their lives to become responsible citizens and contribute to nation-building.

Red Cross first aid instructors M.C. Dhiman, Darshan Bhatia, Himanshu, and Arvind spoke about the humanitarian services of the Red Cross and encouraged all youth to join Red Cross as volunteers to actively participate in welfare activities. They also imparted training in various aspects of first aid to the participants and Youth Red Cross counsellors from different colleges.

Another way you can tell

[illegible][illegible][illegible][illegible][illegible]

अटल हिंद/योगेश मर्ग

फरीदाबाद, ०७ सितंबर

महाभारत, जन्मभूमि में प्रवेश करने के लिए प्रयास कर रहे हैं। इस अवसर पर, राजस्थान सरकार ने एक विशेष कार्यक्रम आयोजित किया, जिसमें राजस्थान के विभिन्न भागों के लोगों को शामिल किया गया। कार्यक्रम में, राजस्थान के विभिन्न भागों के लोगों को शामिल किया गया। कार्यक्रम में, राजस्थान के विभिन्न भागों के लोगों को शामिल किया गया।

[illegible]

मिनि के सार्वजनिक कार्यक्रमों में
रेखा का आशीर्वाद प्रदान कर
है। वह के प्रशंसकों की भी
रेखाओं का आशीर्वाद सदाय
समर्पण है।

डॉ. सुनिषा गुप्ता, सार
लोभक अमृतमाला सहयोगी, कहते
हैं राष्ट्रीय प्रसारकों की सार्वजनिक
हस्त में हमला नहीं आदेश है।
कहते हैं कि सार्वजनिक प्रसारकों
का पक्षित एक हीरा जैसा अनुभव
है। वह प्रसारकों की भूमिका के
बारे में कहते हैं, 'एक अनुभव
है कि प्रसारकों के सार्वजनिक
आवरण के अंतर्गत है।'

डॉ. ए. ए. सिंह, आजीवन सार
रेखाओं से संबंधित प्रतीकवाद के
कथना का स्पष्ट रेखांकन करते
हैं कि वह प्रतीकवाद के कथन
में प्रतीकवाद की प्रतीक, प्रतीक
प्रतीक का प्रतीक प्रतीक प्रतीक
प्रतीक का प्रतीक प्रतीक प्रतीक

[illegible]

3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13
14	14
15	15
16	16
17	17
18	18
19	19
20	20
21	21
22	22
23	23
24	24
25	25
26	26
27	27
28	28
29	29
30	30
31	31
32	32
33	33
34	34
35	35
36	36
37	37
38	38
39	39
40	40
41	41
42	42
43	43
44	44
45	45
46	46
47	47
48	48
49	49
50	50
51	51
52	52
53	53
54	54
55	55
56	56
57	57
58	58
59	59
60	60
61	61
62	62
63	63
64	64
65	65
66	66
67	67
68	68
69	69
70	70
71	71
72	72
73	73
74	74
75	75
76	76
77	77
78	78
79	79
80	80
81	81
82	82
83	83
84	84
85	85
86	86
87	87
88	88
89	89
90	90
91	91
92	92
93	93
94	94
95	95
96	96
97	97
98	98
99	99
100	100

The Second day of the Youth Red Cross Training Camp

The second day (10/09/2025) of the ongoing Youth Red Cross Training Camp (September 9–13, 2025) at K.L. Mehta Dayanand College for Women, NIT-3, Faridabad, commenced with the Red Cross Prayer.

Mr. Bijender Sorot, Secretary, District Red Cross Society, Faridabad, while addressing the youth, said that the main objective of this camp is to develop leadership qualities and personality among young volunteers, to motivate them to organize awareness programs related to current social scenarios, to create awareness in the community about blood and organ donation and to inspire them to maintain a clean and green environment.

Kumari Poonam from the Brahma Kumaris, Senior Rajyoga Meditation practitioner, shared insights with the youth about what should be done to bring about positive change.

Mr. Manoj Bansal, Member of the Voluntary Blood Donation Committee, Indian Red Cross Society, Haryana State, created awareness about blood donation

Mr. M.C. Dhiman, First Aid Lecturer of Red Cross Society (Former District Training Officer), informed the youth about disaster management.

Mr. K.P. Singh, a social worker, addressed the students on spirituality. He explained that spirituality means connecting with a sacred or supernatural power, or with something greater than oneself beyond the material or worldly realm.

Mr. Narendra Kumar, First Aid Lecturer of Red Cross Society, Faridabad, gave information to the youth about the use and misuse of the Red Cross emblem. On this occasion, a cultural fashion show competition was organized, in which more than 40 students participated.

Third Day of the District Youth Red Cross Training Camp

The Youth Red Cross Training Camp began its third day (11.09.2025) with the Red Cross prayer.

- Mr. Darshan Bhatia, First Aid Lecturer, Red Cross Society, gave training on first aid.
- Mr. Ravinder Dudeja, delivered the lecture on Thalassemia
- Mr. M.C. Dhiman, First Aid Lecturer and former District Training Officer, Red Cross Society, educated the participants on Disaster Management.
- Mr. Rakesh Mathur spoke about Organ Donation.
- ASI Satbir Singh, representing the Faridabad Police Administration, raised awareness on Cyber Crime.
- Mr. Virender Singh, popularly known as Traffic Tau, spoke about Road Safety and Traffic Rules.
- A dance competition was also organized, in which more than 40 students enthusiastically participated.
- Mr. Sushil Kumar, Manager of the TI Project, raised awareness about HIV/AIDS.
- Mr. Vimal Khandelwal, Patron of the Red Cross Society, Faridabad, appreciated the Red Cross, calling it a humanitarian institution dedicated to helping people in society and spreading awareness against social evils from time to time.

Principal Dr Meenu Dua appreciated the efforts of Indian Red Cross Society for creating awareness amongst Youth Red Cross volunteers from different colleges.

The program's success was made possible with the dedicated support of Ishank Kaushik (District Training Officer), Dr. Shveta Arya (YRC Coordinator, K.L. Mehta Dayanand College), Arvind Sharma (Clerk), Mandeep (Computer Operator), Keshav Kumar, volunteer Yuvraj, along with other Red Cross staff and college staff, whose efforts were highly commendable.



यूथ रेडक्रॉस शिविर के तीसरे दिन विभिन्न विषयों पर युवाओं को किया गया जागरूक

प्राथमिक समाचार सेवा। फरीदाबाद

केएल मेहता दयानंद महिला महाविद्यालय, एनआईटी-3 में 9 से 13 सितंबर तक चल रहे यूथ रेडक्रॉस प्रशिक्षण शिविर के तीसरे दिन कई विशेषज्ञों ने युवाओं को जागरूक किया। दिन का शुभारंभ रेडक्रॉस प्रारंभ से हुआ। रेडक्रॉस प्रवक्ता दर्शन भाटिया ने प्राथमिक चिकित्सा के महत्व पर प्रकाश डालते हुए कहा कि समय पर दी गई प्राथमिक मदद से जीवन बचाया जा सकता है। प्रवक्ता रविंद्र बुड्डेजा ने वैलेंसीमिया जैसे आनुवंशिक रक्त विकार की जानकारी दी और इसके प्रबंधन के उपाय बताए। वहीं एम.सी. धीमान ने आपदा प्रबंधन की विस्तृत जानकारी दी और कहा कि जीवन व संपत्ति की सुरक्षा के लिए सरकार, समुदाय और संस्थाओं का सहयोग आवश्यक है। डॉ. राकेश माधुर ने अंगदान की जीवन रक्षक अंगमोल



उपहार बताया, जिससे एक दाता 50 लोगों तक को जीवन दे सकता है। एएसआई सतबीर सिंह ने साइबर क्राइम से बचाव के तरीके बताए और युवाओं से वित्तीय जानकारी साझा करने की अपील की। टैफिक ताक वीरेंद्र बल्लार ने सड़क सुरक्षा नियमों का पालन करने की प्रेरणा दी। इसके अलावा, सुशील कुमार ने एचआईवी/एड्स के खतरों और रोकथाम के उपायों पर जानकारी दी।

कार्यक्रम में डॉस प्रशिक्षिता का आयोजन भी हुआ, जिसमें 40 से अधिक छात्रों ने भाग लिया। रेडक्रॉस सोसाइटी फरीदाबाद के संरक्षक विमल खडेलवाल ने संस्था की समाज सेवा की सराहना की। शिविर को सफल बनाने में इशतक शीशिर, श्वेता आर्वा, अरविंद शर्मा, मनदीप, केरल कुमार, युवराज और कॉलेज स्टाफ का विशेष सहयोग रहा।



छात्राओं ने बांधा समा

केएल मेहता दयानंद महिला कॉलेज में रेडक्रॉस की ओर से कार्यक्रम आयोजित हुआ। इसमें छात्राओं ने हरियाणवी नृत्य प्रस्तुत कर समा बांध दिया। स्रोत: चिकित्सा न्यूज

दयानंद महिला कॉलेज में प्रशिक्षण शिविर शुरू

संवाद न्यूज एजेंसी

चिकित्सा विशेषज्ञों ने प्राथमिक चिकित्सा के बारे में दी जानकारी

फरीदाबाद। जिले के केएल मेहता दयानंद महिला महाविद्यालय में यूथ रेडक्रॉस सोसायटी की ओर से प्रशिक्षण शिविर का आयोजन किया गया। शिविर के तीसरे दिन चिकित्सा क्षेत्र के कई विशेषज्ञ मौजूद रहे, जिनोंने प्राथमिक चिकित्सा के बारे में जानकारी दी। इस दौरान छात्राओं ने सांस्कृतिक कार्यक्रम भी प्रस्तुत किए।

9 से 13 सितंबर तक चलने वाले इस शिविर का आयोजन फरीदाबाद रेडक्रॉस सोसायटी के उपाध्यक्ष

विक्रम सिंह द्वारा किया गया। रेडक्रॉस सोसायटी के प्रवक्ता दर्शन भाटिया ने बताया कि प्राथमिक उपचार का मुख्य उद्देश्य व्यक्ति की जान बचाना होता है। प्राथमिक चिकित्सा किसी भी समस्या को नियंत्रित करने में मदद करती है। इस आयोजन में रविंद्र बुड्डेजा, एमसी धीमान, डॉ. राकेश माधुर समेत कई विशेषज्ञ मौजूद रहे।

Fourth day of the District Youth Red Cross camp

On 12.09.2025, the fourth day of the Youth Red Cross Training Camp began with the Red Cross prayer.

Awareness Sessions:

- Sh Darshan Bhatia, spokesperson of Red Cross Society, explained about CPR (Cardiopulmonary Resuscitation).
- Sh Ashok Verma, Sub-Inspector, Narcotics, spread awareness among volunteers about drug abuse.
- Dr Ajay Garg, resource person, spoke on entrepreneurship, describing it as the process of establishing and developing new businesses by converting innovative ideas into economic opportunities.
- Dr. Amardeep Singh, Member, Juvenile Justice Board, enlightened YRC Volunteers about legal awareness.
- Mr Yash Goel, resource person, guided the volunteers on career counseling.

Principal Dr Meenu Dua advised volunteers to stay positive & never give up in challenging situations.

Additionally, the participating volunteers also staged street play (nukkad natak) on social awareness.

फरीदाबाद में यूथ रेडक्रॉस प्रशिक्षण शिविर का सफल आयोजन





Fifth day of District Youth Red Cross Camp

On 13th September 2025, the last day of the Youth Red Cross Training Camp was successfully held at K.L. Mehta Dayanand College for Women, Faridabad in the presence of chief guests, faculty, and students.

The camp focused on first aid, health awareness, hygiene, environmental protection, disaster management, and road safety, aiming at the overall development of students. On the final day, special awareness was given about World First Aid Day, tree plantation, cleanliness and healthy living.

The highlight of the closing ceremony was the felicitation of students who secured top positions and actively participated. Certificates and prizes were distributed to appreciate their efforts.

The speakers motivated students to serve society and emphasized the importance of Youth Red Cross volunteers in helping people during emergencies and spreading awareness. The programme concluded with a vote of thanks, leaving a strong message of social responsibility and inspiring students to contribute towards a better society.



युवाओं को रास्ता दिखाने के लिए यूथ रेडक्रॉस का पूरे देश में एक विशेष योगदान : बिजेंद्र

श्यामसुंदर मित्तल

फरीदाबाद। अंशु मित्तली, उपाध्यक्ष व मोरार जेली, महासचिव भारतीय रेडक्रॉस सोसाइटी हरियाणा राज्य शाखा चंडीगढ़ से प्राप्त निर्देशानुसार एवं विक्रम सिंह, उपचुक्र एवं प्रधान जिला रेडक्रॉस सोसाइटी फरीदाबाद के कुशल संपर्कन व एवं सचिव बिजेंद्र सोहल के नेतृत्व में 09 सितंबर से 13 सितंबर तक केरल मेहत टचनंद महीला माविद्यालय, एनआईटी-3, फरीदाबाद के प्रांगण में यूथ रेडक्रॉस प्रशिक्षण शिविर का आयोजन किया गया। इस पांच दिवसीय शिविर के सम्पन्न समारोह में बाह्य मुख्य अतिथि नेता साहय, तहसीलदार बटखन ने शिरकत की। इसी क्रम में जिला रेडक्रॉस सोसाइटी फरीदाबाद के सचिव बिजेंद्र सोहल ने उपस्थित मुख्य अतिथि, कॉलेज प्रोफेसर, एवं विद्यार्थियों को संबोधित किया। इस क्रम में एमसी



धीमान, शिविर निदेशक एवं रेडक्रॉस सोसाइटी फरीदाबाद के प्राथमिक शिक्षिका प्रवक्ता ने पांच दिवसीय यूथ रेडक्रॉस कार्यक्रम की अंतिम दिन रूपरेखा स्पष्ट की।

मिशन जागृति संस्था, फरीदाबाद के प्रधान प्रवेश मंडल द्वारा युवाओं को संबोधित करते हुए बताया कि हमारे समाज को जागरूक करने के लिए और प्रगति के रास्ते पर आगे ले जाने के लिए युवाओं को रास्ता दिखाने के लिए यूथ रेडक्रॉस का पूरा देश में एक विशेष योगदान है। उन्होंने सभी प्रतिभागियों से आग्रह किया कि शिविर के दौरान दी गई सभी मान्य

कायागंठनी जानकारी को सफल बनाने हेतु समाज एवं अपने संबंधों को जोड़ें का प्रयास करें। इस अवसर पर के कॉलेज की प्रधानाचार्य डॉ. मीन दुआ द्वारा रेडक्रॉस को मानवीय संस्था बताया हुए, रेडक्रॉस द्वारा किये जा रहे कार्यों की सफलता की तथा सभी विद्यार्थियों को मोटिवेट करते बतया कि सचने जरूर देखें और उनको पूरा करने के लिए कड़ी मेहनत करें। इस कड़ी में पुष्पोत्सव सैनी, उप अधीक्षक जिला रेडक्रॉस सोसाइटी, फरीदाबाद द्वारा बताया कि शिविर में 20 महिलाछात्रों के 100 प्रतिभागियों व 20 यूथ रेडक्रॉस कार्डधारक ने हिस्सा लिया।

यूथ रेडक्रॉस प्रशिक्षण शिविर का समापन

तहसीलदार ने विजेता प्रतिभागियों को किया सम्मानित



हरियाणा की नृत्य प्रस्तुत करती छात्राएं।

फरीदाबाद। केरल मेहत टचनंद महीला महाविद्यालय के प्रांगण में यूथ रेडक्रॉस प्रशिक्षण शिविर का समापन किया गया। इस पांच दिवसीय शिविर के समापन समारोह में बटखन तहसीलदार नेहा साहय ने विभिन्न कॉलेजों से आए विद्यार्थी प्रतिभागियों को पुरस्कार देकर सम्मानित किया।

उन्होंने बताया कि यूथ रेडक्रॉस स्वयंसेवक हर कठिन समय में बड़-बड़कर भूमिका लेते हैं। समाज में लोगों की सहायता के लिए तत्पर मौजूद रहते हैं। लोगों को समय-समय पर हर प्रकार की समस्याओं से अवगत करवाते रहते हैं।

जिला रेडक्रॉस सोसाइटी के सचिव बिजेंद्र सोहल ने कहा कि हमें अपने आसपास पेड़-पौधे लगाने चाहिए, जिससे वातावरण स्वस्थ व अनुकूल रहे और बीमारियों का खतरा भी कम हो।

शिविर निदेशक एवं रेडक्रॉस सोसाइटी के प्राथमिक शिक्षिका प्रवक्ता एम की भीमान ने पांच दिवसीय यूथ रेडक्रॉस कार्यक्रम की अंतिम दिन रूपरेखा स्पष्ट की व विभिन्न कॉलेजों से आए प्रतिभागियों का मार्गदर्शन किया। इस मौके पर जिला जागृति संस्था के प्रधान प्रवेश मंडल, कॉलेज की प्रधानाचार्य डॉ. मीन दुआ आदि मौजूद रही। संगत



TREE PLANTATION

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad organized a Tree Plantation Drive under Seva Pakhwada on 17th September 2025 in the college campus. The program was graced by esteemed dignitaries Dr. Anand Mehta, President MDES, Mr. & Mrs. Mehtani, and Dr. Meenu Dua, Principal of the College. Their presence encouraged the volunteers and students to actively participate in the noble initiative. The activity witnessed the participation of 44 students.



WORKSHOP ON GENDER JUSTICE

A Workshop on Gender Justice was organized on 30th September 2025 by the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad in collaboration with Dakshata Foundation.

The event was graced by the esteemed presence of Smt. Parveen Joshi, Mayor of Faridabad, as the Chief Guest. She was warmly welcomed by Dr. Anand Mehta, President, MDES and Dr. Meenu Dua, Principal of the College.

The Guests of Honour for the event included Mrs. Neera Dhawan from PEE Empro Exports Pvt. Ltd., Adv. Rajat Jaiswal, Mr. Divesh Kapoor, and Mr. Manoj Arora.

In her inspiring speech, Chief Guest Smt. Parveen Joshi emphasized the importance of gender equality, female education, and civic responsibility through maintaining cleanliness and greenery in our surroundings.

The workshop aimed to sensitize students on issues related to gender justice and featured engaging sessions on women's safety, dismantling systemic inequality, reproductive and economic justice, intersectionality, equal representation, and legal rights.

A thought-provoking Nukkad Natak on gender equality was also performed, which effectively spread awareness and engaged the audience. The participants of the Nukkad Natak were awarded certificates and cash prizes by Dakshata Foundation as a token of encouragement.

Adding further strength to the cause, Women Safety Devices were distributed to all the students, ensuring practical empowerment along with awareness. Around 120 students attended the workshop.



148 devices sent to Dubai. The missing units were confirmed by the consignee, prompting a police investigation. Police said Kumar involved in more than 16 cases of snatching and theft in the past.

PEE EMPRO COMMITS TO GENDER JUSTICE WITH COMPREHENSIVE NEW EMPOWERMENT INITIATIVE
NEW DELHI

PEE EMPRO EXPORTS, a leading apparel manufacturer, has launched a comprehensive gender justice and empowerment program in collaboration with Dakshita Foundation at K.L. Mehta Girls College, NIT 5 Faridabad on 30th Sept. The primary objective of the program was to eliminate gender disparity, promote safety and create clear pathways for women.

Ms. Akansha Uppal, Vice President HR of Pee Empro Exports shared that "Our commitment to women empowerment is not merely doing CSR but through such programs we are investing in women development, safety and equality. She said that through such initiatives we are not only trying to build a better nation but contributing to more equitable society. This is future of ethical manufacturing. She further added, Pee Empro Exports Equality weave serves as a powerful model, it demonstrates that purposeful corporate action on Gender Justice can drive both social change and national growth.

The Program was a great success, safety devices were also distributed to all the girls students of the college. Principal Dr. Meenu Dua thanked the management of Pee Empro Exports and Dakshita Foundation for orchestrating such a thoughtful and comprehensive program addressing intersectionality, women safety, dismantling systemic inequality, legal equality and equal representation, reproductive and economic justice. The program ended with vote of thanks to Pee Empro Exports and the eminent dignitaries Mrs. Parveen Joshi, Mayor Faridabad, Advocate Rajat Jainwal, social activist Devesh Kapoor and Theater group Delhi.

October 2 : Three Inspirations, One Resolution - Atmanirbhar Bharat
This year, Gandhi, Shastri, and Dadasaheb, "Truth," "Simplicity," and "Victory," on the same day, 2nd October. All three guide us on the path of building an Atmanirbhar Bharat. - Dr. Sangam Joneja
KARMA - NEW DELHI



MENTAL HEALTH DAY

On 13th October 2025, The Counseling and Mental Health Support Cell and Youth Red Cross (YRC) of K.L. Mehta Dayanand College for Women, Faridabad in collaboration with Soulful Sojourn organized an Expert Talk on the issues related to Mental Health. The session aimed to promote awareness about the importance of mental well-being and provided valuable insights into maintaining emotional balance in today's fast-paced world.

Ms. Sandeep Kaur Oberoi, a Certified Counselling Psychologist, Child Counsellor, and Family Therapist, Soulful Sojourn served as the resource person for the event. She shared her professional expertise on various aspects of mental health, emphasizing stress management, emotional regulation, and the importance of seeking help without stigma. 78 students attended the session.



REPUBLIC DAY 2026

The Republic Day was celebrated with great enthusiasm and patriotic fervor at K. L. Mehta Dayanand College for Women on 26th January 2026. The event was organized by the NSS and YRC units of the college. The programme commenced with the unfurling of the National Flag by Principal Dr. Meenu Dua, followed by the recitation of the National Anthem, paying tribute to the Constitution of India. Students presented cultural performances including patriotic dance and singing, which created an atmosphere of pride, unity, and national spirit on the campus. Students from the Department of Physical Education presented an impressive Taekwondo demonstration, showcasing discipline, strength, coordination, and self-defense skills, which was highly appreciated by the audience.

Various competitions such as Slogan writing, Poster making, and other patriotic activities were organized on the occasion.

Principal Dr. Meenu Dua addressed the students and motivated them with her inspiring words. She highlighted the significance of Republic Day and emphasized the importance of constitutional values, discipline, and the vital role of youth in nation-building.

The programme concluded with the distribution of sweets to all the students, spreading joy and a spirit of togetherness.

The celebration concluded successfully and left a lasting impression by instilling a sense of national pride, unity and social responsibility among students and staff. 50 students participated with great enthusiasm on Republic Day.





VISIT TO NATIONAL ASSOCIATION FOR THE BLIND

On the occasion of Republic Day, 26 January 2026, the Youth Red Cross (YRC) volunteers of K. L. Mehta Dayanand College for Women, Faridabad visited the National Association for the Blind to share the spirit of patriotism, compassion and social responsibility. The YRC volunteers interacted warmly with the visually impaired students and distributed sweets among them as a gesture of love, care and solidarity. The visit provided an opportunity for the volunteers to celebrate the national festival in a meaningful and inclusive manner.



VOLUNTEERING AT SURAJKUND MELA

The Youth Red Cross (YRC) Unit of K. L. Mehta Dayanand College for Women, Faridabad actively rendered voluntary services at the 39th Surajkund International Crafts Mela, organized from 31st January to 15th February 2026 at Surajkund.

The volunteers provided their dedicated services under the aegis of the District Red Cross Society Faridabad with a spirit of selfless commitment and humanitarian responsibility.

During the mela, the YRC volunteers were actively engaged in:

- Providing First Aid assistance at the medical help desk
- Facilitating wheelchair support for senior citizens and specially abled visitors
- Assisting in crowd management
- Guiding national and international tourists
- Coordinating effectively with the Red Cross administration and organizing authorities.

The team of committed YRC volunteers included:

Ritu (B.Sc. 2nd yr), Aishwarya (B.Sc. 2nd yr), Prachi (B.Sc.2nd yr), Garima (B.Com 2nd yr), Kumkum (B. A final yr), Anjali (B.A final yr), Khushi (B.Com 2nd yr), Muskan (B.Sc. 2nd yr), Harshita (B.Sc. 2nd yr) and Sapna (B.Sc. 2nd yr).

The college administration and the District Red Cross Society Faridabad commended the volunteers for their dedication, discipline, and exemplary contribution to public service.

● **प्रतिलिपि टूटें/संशुद्धता**

[illegible][illegible][illegible]

सरजकुंड (फरीदाबाद)। डीसी एवं जिला रेडक्रॉस



सुरक्षाकूट (फरीदाबाद)। श्री पी. विला रेडक्रॉस सोसायटी के अध्यक्ष आसुत सिन्हा के मार्गदर्शन में ३० वें सुरक्षाकूट अंतरराष्ट्रीय आध्यात्मिक शिल्प महोत्सव में सीनियर सिटीजन और डिवायजनों की सुविधा को प्रभावितता देते हुए विशेष व्यवस्थाएँ की गई हैं। मेला प्रशासन द्वारा मेले के सभी कार्य गेटों पर वकीलचेयर की व्यवस्था सुरक्षित की गई है, ताकि बुजुर्गों और डिवायजनों की मेले का आनंद लेते में किसी प्रकार की असुविधा न हो। विला रेडक्रॉस सोसायटी के संयोजक बिजनेट सरते ने जानकारी देते हुए बताया कि 15 फरवरी तक चलने वाले इस अंतरराष्ट्रीय शिल्प महोत्सव के दौरान मेले के चारों गेटों पर कुल 16 वकीलचेयर उपलब्ध कराई गई हैं। इसके साथ ही, सहायता के लिए प्रशिक्षित रेडक्रॉस विलियर्स की इवटी लगाई गई है, जो सीनियर सिटीजन और डिवायजनों की मेले का प्रभण करने में सहायता कर रहे हैं। संयोजक ने बताया कि वह पहले प्रशासन की समावेशी शक्ति और सामाजिक संवेदनशीलता को द्वायती हैं। मेला प्रशासन का निर्देश प्रयास है कि हर आयुक्त चाहे वह बुजुर्ग जो या डिवायज साधन, सुरक्षित और सम्मानजनक तरीके से मेले का आनंद ले सके।



MEGA HEALTH CHECK UP CAMP

A Mega Health Check-up Camp was successfully organized on 18th March 2026 by the Youth Red Cross Unit-I & II at K.L. Mehta Dayanand College for Women, Faridabad in collaboration with Manav Rachna Dental College (O.P. Bhalla Foundation). The primary objective of the camp was to spread awareness about health and wellness among students and to promote preventive healthcare practices.

The camp was conducted under the guidance and support of several distinguished professionals and organizations. Notable contributions were made by Dr. Uma Raghav (Deptt of Physiotherapy), Dr. Mehek Sharma (Deptt of Nutrition & dietetics), Dr. Anmol Mathur (Head, Dental Department), Prof. Durgesh Ojha (Department of Psychology), Mr. Devender Singh (Manager, ISR, Dr. O.P. Bhalla Foundation), Mr. Muhammad Arbaz (Project Associate, Organ India) and the medical team from Yatharth Hospital including Dr. Monika and Dr. Neeti Shree, Consultant, Obstetrics and Gynaecology.

An oral health check-up camp was conducted under the supervision of Dr. Anmol Mathur and his team.

A session on menstrual health was delivered by Dr. Neeti Shree, focusing on hygiene, care, and overall reproductive health.

The physiotherapy session, led by Dr. Uma Raghav, focused on posture correction and practical exercises.

Mental health counselling was conducted by Prof. Durgesh Ojha, who guided students on stress management, emotional well-being and the importance of seeking support when needed.

The nutritional counselling session by Dr. Mehek Sharma offered valuable insights into balanced diets, healthy eating habits and the role of nutrition in maintaining overall health.

An organ donation awareness session conducted by Mr. Muhammad Arbaz emphasized the life-saving significance of organ donation and encouraged students to become responsible contributors to society.

The camp witnessed enthusiastic participation, with a total of 403 registrations from students and faculty members.



ONE DAY ORIENTATION PROGRAM AT MDU

A One-Day Orientation Program for Youth Red Cross Counsellors and Volunteers was successfully organized by the Youth Red Cross unit of Maharshi Dayanand University Rohtak on 17th March 2026. The program primarily focused on training participants in Basic First Aid and Cardiopulmonary Resuscitation (CPR), aiming to equip them with essential life-saving skills.

The event was graced by the esteemed Chief Guest, Sh. Sachin Gupta, IAS Deputy Commissioner, Rohtak, who addressed the gathering and emphasized the importance of humanitarian service and preparedness in emergency situations. The dignitaries present included Dr Krishan Kant, Registrar, MDU and Professor Sapna Garg, Dean Students' Welfare, along with Dr Asha Sharma, YRC Program Coordinator.

In their addresses, the speakers highlighted the vital role of Youth Red Cross volunteers in society and encouraged students to actively participate in community service. 2 YRC Volunteers along with YRC Counsellor attended the programme.



DENTAL CHECK UP CAMP & EDUCATIONAL TOUR

On 27th March 2026, the Youth Red Cross of K.L.Mehta Dayanand College organized a Dental checkup camp and educational tour at the Manav Rachna Dental College, Faridabad. The highlight of the visit was a comprehensive dental check-up camp, wherein all participating students underwent detailed dental examinations including oral screening and professional teeth cleaning. In addition to the clinical services, the visit also served as an educational exposure. A total of 51 students accompanied by a faculty member, participated in this educational and health-oriented tour.



WORLD HEALTH DAY

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized an Awareness Lecture on “Menstrual Wellness” on World Health Day, 7th April 2026, in collaboration with Ruyii Wellness. The session was conducted by the resource person, Ms. Poorna Krishna, Founder of Ruyii Wellness, who works extensively in the field of holistic health and wellness.

Ms. Poorna Krishna shared her personal journey and highlighted how holistic approaches can help women achieve pain-free and healthier menstrual cycles. Using interactive discussions and presentations, she explained concepts related to Ayurveda, individual body differences, and natural healing mechanisms. The session was attended by 101 students.



ANEMIA TESTING & TREATMENT

A series of screening and research activities titled “Root Cause Analysis of Non-Responders to Iron Folic Acid (IFA) Treatment among Women of Reproductive Age Group in the Community” was successfully organized on 27th March, 10th April, 15th April, and 22nd April 2026 at K.L. Mehta Dayanand College for Women, Faridabad under the aegis of the Youth Red Cross Society. The study was conducted in collaboration with the Department of Obstetrics and Gynaecology, AIIMS, New Delhi, with the objective of identifying the factors responsible for inadequate response to Iron Folic Acid (IFA) supplementation and strengthening anemia control strategies among women of reproductive age group (15–49 years).

Across the four days of the programme, a significant number of students actively participated in the screening process. On 27th March 2026, 115 students, 10th April 2026, 94 students, 15th April 2026, 82 students, 22nd April 2026, 60 students and 24th April 2026, 88 students underwent hemoglobin screening along with the collection of relevant clinical and dietary information.



ONE-DAY FIRST AID TRAINING & DISASTER MANAGEMENT CAMP

A one-day First Aid Training and Disaster Management Camp was successfully organized by the Youth Red Cross (YRC) of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with the Indian Red Cross Society, Haryana State Branch on 11th April 2026. The camp was conducted under the expert guidance of Mr. M.C. Dhiman, Master Trainer, who shared his vast knowledge and practical experience with the participants. During the training session, Mr. Dhiman demonstrated various first aid techniques such as CPR (Cardiopulmonary Resuscitation), wound dressing, fracture management, and the handling of burns and bleeding. Participants were also trained in basic life-saving skills and were encouraged to practice these techniques through hands-on activities, making the session highly interactive and engaging. A total of 68 students actively participated in the camp, making it a lively and engaging learning exper



‘ DHANYAVAAD EVAM VIKSIT FARIDABAD’ RALLY

The volunteers of the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with the Indian Red Cross Society, actively participated in the “Dhanyavaad Evam Viksit Faridabad Rally” organized in Faridabad on 4th April 2026. The rally was addressed by the Hon’ble Chief Minister of Haryana, Sh. Nayab Singh Saini, who highlighted the remarkable progress achieved in Faridabad over the past eleven and a half years. He further stated that “Viksit Faridabad” is not merely a vision, but a comprehensive mission aimed at ensuring quality education, healthcare, employment opportunities and an improved standard of living for every citizen. 18 Youth Red Cross volunteers enthusiastically participated in the rally, demonstrating their commitment towards community engagement and social responsibility.



WORLD RED CROSS DAY

The Youth Red Cross of K.L. Mehta Dayanand College for Women celebrated WORLD RED CROSS DAY on 8th May 2026 in collaboration with NGO Green Hands and Municipal Corporation Faridabad. The programme aimed to spread awareness about humanity, health, service, environmental sustainability and the importance of helping people in need.

The resource persons for the session were Mrs. Tulika Suneja, Founder, NGO Green Hands; Ms. Kalpana Mandal, IEC Expert (Information, Education and Communication) and District Coordinator, MCF; and former YRC Counsellor Dr. Sangeeta Kulshreshtha, Associate Professor, Department of Home Science.

Mrs. Tulika Suneja delivered an insightful talk on sustainability and highlighted how single-use plastic has become a major threat to mankind and the environment. Volunteers also took a pledge to Protect Mother Earth by not using single use plastics.

Ms. Kalpana Mandal spoke about waste management, segregation of waste at source, and the important role of youth in keeping the environment clean for future generations. Pamphlets on waste management were also distributed among the volunteers.

Dr. Sangeeta Kulshreshtha addressed the gathering and highlighted the significance of World Red Cross Day.

YRC volunteers presented a powerful Nukkad Natak on “First Aid Awareness” which conveyed an important social message in an engaging and impactful manner. A traditional Haryanvi dance performance added cultural charm and entertainment to the celebration.

During the prize distribution ceremony, students were honored for their outstanding performances and active participation in various YRC activities. Best Volunteers for the Session 2024–2025 were Prachi Nain, Nandini from BBA Final year, Kumkum & Anjali from BA final Year. Best Volunteers for the Session 2025–2026 were Janvi (B.A. II Year), Muskan (B.A. II Year), Isha (B.A. II Year), Priyanka (B.Sc. Medical III year). 75 students actively participated & marked their contribution in keeping our planet clean & green.



WORLD ENVIRONMENT DAY

The Youth Red Cross of K.L. Mehta Dayanand College for Women, Faridabad celebrated World Environment Day on 5th June 2026 in collaboration with Victora Life Foundation and NGO Green Hands with the objective of promoting environmental awareness, sustainable practices and community participation. The programme was graced by distinguished guests Dr. Saroj Kumar, CSR Head and Mr. Ankit Gautam, Media Coordinator, Victora Life Foundation and Mr. Pankaj Mishra, Senior Advisor, Ministry of Environment, Government of India. The guests motivated the students to become responsible citizens and active contributors towards environmental conservation. The programme featured a series of meaningful activities, including a Tree Plantation drive and RRR (Reduce, Reuse, Recycle) Campaign and 'No Vehicle Day', encouraging students, faculty members, and staff to use eco-friendly modes of transportation such as walking, cycling, carpooling, or public transport. The plantation drive highlighted the significance of increasing green cover and preserving natural resources for future generations. The observance of No Vehicle Day further reinforced the importance of reducing carbon emissions and adopting sustainable lifestyle choices. E waste, Fabric & plastic wastes were segregated & given to NGO Green Hands for recycling.



INTERNATIONAL YOGA DAY

Youth Red Cross (YRC) of K.L. Mehta Dayanand College for Women, Faridabad participated in the 12th International Yoga Day 2026, District-level programme organized by the Haryana Yoga Commission and AYUSH Department, Haryana on 21st, June, 2026 at Sports Complex, Sector-12, Faridabad. The event was held under the theme “Yoga for Healthy Ageing.”

The programme was graced by Shri Rajesh Nagar, Hon’ble Minister of Food, Civil Supplies and Consumer Affairs Department, Haryana and Dr. Archana Gupta, State President, BJP Haryana. The dignitaries highlighted the importance of yoga in maintaining physical and mental well-being and encouraged everyone to adopt yoga as a part of their daily routine.

The participants enthusiastically performed various yoga asanas and pranayama exercises and learned about the benefits of yoga for a healthy lifestyle



MOCK DRILL ON FIRE SAFETY

A Mock Drill on Fire Safety and the Use of Fire Extinguishers was conducted on 24th June 2026 at K.L. Mehta Dayanand College for Women, Faridabad to create awareness among students, faculty members and support staff regarding fire safety measures and emergency preparedness.

During the demonstration, participants were informed about different types of fire extinguishers and their appropriate use for various kinds of fires. A practical demonstration was conducted to provide hands-on training in operating fire extinguishers safely and effectively.

Students, faculty members and support staff actively participated in the mock drill and learned the essential techniques for controlling small fires and minimizing risks during emergencies. The session highlighted the importance of prompt response, adherence to safety protocols and preventive measures to ensure the safety of all.



STRAY DOG MENACE

An awareness programme on the Stray Dog Menace was organized on 27th June 2026 at K.L. Mehta Dayanand College for Women, Faridabad to educate students about dog bite prevention, responsible behaviour around stray animals and the importance of timely medical treatment.

An informative lecture was delivered by Dr. Shveta Arya, who sensitized the students to the growing issue of stray dogs and the need for public awareness. She explained the precautions to be taken while dealing with stray dogs, preventive measures to avoid dog bites and the significance of prompt first aid and medical treatment in case of any animal bite.

During the programme, Ms. Yukti, the Nodal Officer for the campaign, informed the students about a Poster Making Competition on the theme “Stray Dog Menace.” Informative banners highlighting the prevention and management of stray dog bites were prominently displayed across the college campus. These banners provided essential information on safety precautions, first aid measures and the importance of seeking immediate medical attention after dog bite.



WORKSHOP ON WASTE MANAGEMENT

On 30th June 2026, Youth Red Cross (YRC) Society of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with Green Hands Trust, successfully organized a Workshop on 'Waste Management' to promote sustainable waste management practices and environmental responsibility among students. The resource person for the workshop was Ms. Tulika Suneja, Founder, Green Hands Trust, who conducted an informative and interactive session on effective waste management. She demonstrated the process of preparing compost from kitchen waste, enabling students to understand how organic waste can be converted into nutrient-rich manure. She also explained the preparation of bio-enzymes from citrus peels, highlighting their eco-friendly applications as natural household cleaners.

A Plastic Collection Drive was also organized as part of the programme. 35 volunteers enthusiastically participated by bringing used plastic items, polybags and other recyclable plastic waste, which were deposited in the designated plastic collection bin for responsible recycling.



K.L. MEHTA DAYANAND COLLEGE FOR WOMEN
VOLUNTEERS LIST (2025-2026)
YRC UNIT-1

S.NO.	NAME	CLASS	ROLL.NO.
1	Rishika	B.Com. 2nd year	1241400233
2	Jaishree	BCA Ist Year	1251403114
3	Akshita Bakshi	B.Com. 2nd year	1241400232
4	Ishika	B.Sc. Medical 3rd year	1231405050
5	Muskan	B.Sc Life Science 2nd year	
6	Ayesha Firoz Siddiqui	B.Sc. Life Science 2nd year	1242858110
7	Prachi	B.Sc. Life Science 2nd year	1241858117
8	Harshita	B.Sc.Life Science 2nd year	1242858031
9	Ritu	B.Sc.Life Science 2nd year	1242858008
10	Aishwarya	B.Sc.Life Science 2nd year	1242858022
11	Aradhya	B.Com Self-finance 2nd year	1244056011
12	Himanshi Negi	B.Sc.Life Science 2nd year	1242858080
13	Khushi	B.Sc.Life Science 2nd year	1244056084
14	Muskan Narwat	B.Sc.Life Science 2nd year	1242858017
15	Sapna	B.Sc.Life Science 2nd year	1242858002
16	Neha	B.Com.Self finance 2nd year	1244056009
17	Yashika Malik	B.Sc Medical 3rd year	1231405002
18	Diksha Sharma	B.Sc Medical 3rd year	1231405016
19	Nandni Jha	BBA 3rd year	1231399042
20	Payal Bhadana	BA 2nd year	1241398010
21	Priya	BA 2nd year	1241398009
22	Anjali	BA 3rd year	1231398305
23	Kumkum	BA 3rd year	1231398141
24	Muskan Qureshi	B.A 2nd year	1241398094
25	Prachi Nain	BBA 3rd year	1231399065
26	Kashish	BBA 3rd year	1231399010
27	Adiba	B.Sc.Life Science 2nd year	1242858088
28	Monica	B.Com (Aided) 2nd year	1241400227

29	Roshni Kumari	BA 2nd year	1241398135
30	Kasak	B.Com (Aided) 2nd year	1241400243
31	Mehak	B.Com (Aided) 2nd year	1241400231
32	Nandni Sharma	B.Com (Aided) 1st year	1254100028
33	Tisheeka Bhardwaj	B.Com (Aided) 1st year	1254100021
34	Kalash	B.Com (Aided) 1st year	1251400155
35	Komal Sharma	B.Com (Aided) 1st year	1251400166
36	Simran	B.Com (Aided) 1st year	1251400055
37	Ishika	B.Com (Aided) 1st year	1251400116
38	Megha Jha	B.Com (Aided) 1st year	1251400151
39	Ritika Verma	B.Com (Aided) 1st year	1251400128
40	Kashish	B.Com (Aided) 1st year	1251400114
41	Siddhi Bansal	B.Com (Aided) 1st year	1251400223
42	Diya Gandhi	B.Com (Aided) 2nd year	1241400237
43	Urvashi	B.Com Self finance 2nd year	1244056017
44	Palak Tindal	B.Com Self finance 2nd year	1244056082
45	Khushi Kumari	B.Com(Hon.) 2nd year	1244056084
46	Garima	B.Com(Hon.) 2nd year	1244056090
47	Komal	B.Sc.Life Science 2nd year	1242858016
48	Mansi	B.Com Self finance 2nd year	1244056031
49	Isha Bhatt	BA 2nd year	1241398025
50	Najrana	BA 2nd year	1241398116
51	Yashika	B.Sc. Medical 3rd year	1231405034
52	Tanisha Kumari	B.Sc. Medical 3rd year	1231405035
53	Khushboo Shukla	B.Sc. Medical 3rd year	1231405055
54	Alpana Beniwal	B.Sc. Medical 3rd year	1231405056
55	Vanshita	B.Com 1st year	1251400197

K.L MEHTA DAYANAND COLLEGE FOR WOMEN

VOLUNTEERS LIST 2025-2026

YRC UNIT-II

S.NO.	NAME	CLASS	ROLL.NO.
1	Janvi Sharma	B. Sc. Life Science 2nd year	1242858054
2	Anupa Mehara	B. Sc. Life Science 2nd year	1242858033
3	Ayesha Firoz	B. Sc. Life Science 2nd year	1242858110
4	Prachi	B. Sc. Life Science 2nd year	1242858117
5	Sakshi	B. Sc. Life Science 2nd year	1242858044
6	Nikki	B. Sc. Home Science 1st year	1252856004
7	Anchal Singh	B. Sc. Home Science 1st year	1252856014
8	Arpita Malhotra	B. Sc. Home Science 1st year	1252856003
9	Aarti Kumari	B. Sc. Home Science 1st year	1252856024
10	Neha	BA 1st year	1251398241
11	Bhumika Kumari	BA 1st year	1251398108
12	Pooja	BA 1st year	1251398210
13	Geeta Uniyal	BCA 2nd year	1254303100
14	Manvi	BCA 1st year	1251403077
15	Sanjana	BCA 1st year	1251403107
16	Sonal	BCA 1st year	1251403064
17	Bhoomi	BCA 1st year	1251403108
18	Kirti	BCA 1st year	1251403062
19	Khsushi	BCA 1st year	1251403113
20	Himani	BCA 1st year	1251403173
21	Lavanya Mishra	BCA 1st year	1251403124
22	Chanchal Sharma	BCA 1st year	1251403099
23	Preeti Maurya	BCA 1st year	1251403085
24	Kajal	BCA 1st year	1251403102
25	Riya	BCA 1st year	1251403127
26	Kalyani	BCA 1st year	1251403082
27	Minakshi	BCA 1st year	1251403097

28	Preeti	BCA 1st year	1251403075
29	Karnam	BCA 1st year	1251403104
30	Prachi	BCA 1st year	1251403111
31	Payal	B. Sc. Medical 3rd year	1231405021
32	Sweta Kumari	B. Sc. Medical 3rd year	1231405010
33	Khushboo Kumari	B. Sc. Medical 3rd year	1231405008
34	Muskan	B. Sc. Medical 3rd year	1231405011
35	Anita Malik	B. Sc. Physical Sciences 2nd year	1242915045
36	Mahak	BA 2nd year	1241398309
37	Pooja	BA 2nd year	1241398169
38	Himani	B. Sc. Medical 3rd year	1231405043
39	Vijay Laxmi	B. Sc. Medical 3rd year	1231405019
40	Banshika	B. Sc. Biotech 1st year	1251404031
41	Shweta Baisla	BA 3rd year	1231398202
42	Prachi Dixit	BA 3rd year	1231398259
43	Saniya	BBA 2nd year	1241399006
44	Ankita Sharma	BBA 2nd year	1241399028
45	Anjali	BBA 2nd year	1241399045
46	Swati	BBA 2nd year	1241399027
47	Janvie Bhatia	BA 2nd year	1241398331
48	Priyanka Mahunta	B. Sc. Medical 3rd year	121405048
49	Nidhi Bhati	B.Com.Self finance 2nd year	1244056050
50	Sneha	B.Sc.Lifescience 2nd year	1242858082

BEST VOLUNTEERS 2025-2026



ISHA BHATT
B.A 2ND YEAR

UNIT-1



MUSKAN QURESHI
B.A 2ND YEAR



JANVIE BHATIA
B.A 2ND YEAR

UNIT-2



PRIYANKA MAHUNTA
B.Sc. MEDICAL 3RD YEAR



‘तमसो मा ज्योतिर्गमय’

Phone : 0129-2416602

K. L. MEHTA DAYANAND COLLEGE FOR WOMEN

K.L. MEHTA MARG, N.H.3, N.I.T. FARIDABAD-121001

AFFILIATED TO M. D. UNIVERSITY, ROHTAK

NAAC ACCREDITED B++

Ref. No. 9685(A)/PCW/2025

Dated 20/08/2025

YRC Executive Committee at College Level

Unit-I

1. Dr. Meenu Dua, Principal (Chairman)
2. Dr. Shveta Arya (Programme Officer)
3. Dr. Neeru Verma, NSS Officer(Member)
4. Dr. Beena Sethi, Senior Faculty (Member)
5. Dr. Sangeeta Kulshrestha, Senior Faculty (Member)
6. Ms. Amita Dureja, Faculty (Member)
7. Ms. Madhu Saitya, Incharge Women Cell (Member)
8. Student Coordinator:- Isha Bhatt (B.A.-2nd Year)
9. Sh. Bijender Sarout, Secretary, District Red Cross Branch, Faridabad

Unit-II

1. Dr. Meenu Dua, Principal (Chairman)
2. Dr. Babita Sharma (Programme Officer)
3. Ms. Vandana Kumari, NSS Officer (Member)
4. Dr. Beena Sethi, Senior Faculty (Member)
5. Dr. Sangeeta Kulshrestha, Senior Faculty (Member)
6. Ms. Amita Dureja, Faculty (Member)
7. Ms. Madhu Saitya, Incharge Women Cell(Member)
8. Student Coordinator:- Priyanka Mahunta (B.Sc. Medical-3rd Year)
9. Sh. Bijender Sarout, Secretary, District Red Cross Branch, Faridabad

Dr. Meenu Dua

(Officiating Principal)

Officiating Principal
K.L. Mehta Dayanand College for Women
N.I.T. FARIDABAD



‘तमसो मा ज्योतिर्गमय’

Phone : 0129-2416602

K. L. MEHTA DAYANAND COLLEGE FOR WOMEN

K.L. MEHTA MARG, N.H.3, N.I.T. FARIDABAD-121001

AFFILIATED TO M. D. UNIVERSITY, ROHTAK

NAAC ACCREDITED B++

Ref. No. 9685(C)/Dw/2025

Dated 20/08/2025

To
Programme Coordinator,
University Youth Red Cross
M.D. University, Rohtak,

Subject: - Nomination Certificate of YRC Counsellors

Sir,

This is to certify that Dr. Shveta Arya and Dr. Babita Sharma have been deputed as YRC counsellors of Unit-I & Unit-II for the session 2025-2026.

Thanking you,

Yours Truly,

Dr. Meenu Dua

(Officiating Principal)

Officiating Principal

K.L. Mehta Dayanand College for Women
N.I.T. FARIDABAD



‘तमसो मा ज्योतिर्गमय’

Phone : 0129-2416602

K. L. MEHTA DAYANAND COLLEGE FOR WOMEN

K.L. MEHTA MARG, N.H.3, N.I.T. FARIDABAD-121001

AFFILIATED TO M. D. UNIVERSITY, ROHTAK

NAAC ACCREDITED B++

Ref. No. 9685(B)/2025

Dated 20/08/2025

To

The Programme Coordinator,
University Youth Red Cross
M.D University, Rohtak,

Subject: - Certificate of Separate YRC bank account.

Sir,

This is to inform you that our college is maintaining separate YRC bank account. YRC Account No. is 89940100001631 Bank of Baroda, Faridabad IFSC Code: - BARB0VJFARI.

Thanking you,

Yours Truly,

Dr. Meenu Dua

(Officiating Principal)
Officiating Principal
K.L. Mehta Dayanand College for Women
N.I.T. FARIDABAD



YOUTH RED CROSS

**“YOUTH IS THE ENERGY OF THE
NATION, THE FUTURE OF A COUNTRY”**

K.L. Mehta Dayanand College for Women, Faridabad

