



**K.L. MEHTA DAYANAND COLLEGE
FOR WOMEN, FARIDABAD**

+ YOUTH RED CROSS SOCIETY +

ANNUAL REPORT

2024-2025



**PRINCIPAL
~ DR. MANJU DUA**

**YRC COUNSELLORS
~ DR. SHVETA ARYA
~ DR. BABITA SHARMA**

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1. Tree Plantation

To mark the beginning of the academic session 2024–25, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a Tree Plantation Drive to promote environmental awareness and sustainability. The event concluded with a pledge by participants to nurture the saplings and continue working toward environmental conservation.



2. Drugs Prohibition Program

Youth Red Cross (YRC) volunteers of K.L. Mehta Dayanand College for Women, Faridabad, participated in the State Level Drugs Prohibition Program organized by the Haryana State Welfare Council at Modern Public School, Sector 17, Faridabad. The event aimed to spread awareness about the harmful effects of drug use and encourage a drug-free lifestyle. It was inaugurated by Hon'ble Governor of Haryana, Shri Bandaru Dattatreya, along with other dignitaries including Sh. Moolchand Sharma, Smt. Seema Trikha, and Dr. Sushma Gupta. The program featured a street play, classical dances, and a musical performance by girls from the National Blind Association. 14 YRC volunteers took part in the event.



3.Patriotic Rally

On 12th August 2024, the Youth Red Cross (YRC) Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a patriotic rally to instill a sense of nationalism and honor the sacrifices of India's freedom fighters. students participated enthusiastically, marching with national flags and patriotic slogans. The rally concluded with a collective pledge to embrace patriotism and contribute positively to society.



4. Visit To Manav Rachna Dental College

On 12th August 2024, marking International Youth Day, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women organized a visit to Manav Rachna Dental College, Faridabad. Around 53 students participated in the initiative for oral health awareness. Volunteers were offered dental examinations, hygiene consultations, and guidance on oral care practices.



5.Independence Day Celebration

On 15th August 2024, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women celebrated Independence Day with great enthusiasm. The program began with a flag hoisting ceremony by Principal Dr. Manju Dua, followed by patriotic dance performances by students. A **Health Checkup Camp** was organized in collaboration with Rotary Blood Bank, where around 100 students were tested for Hemoglobin, Blood Pressure, and Weight to promote health awareness. A Poster Making Competition on the theme "My Country My Pride" also saw active participation. The event witnessed the presence of 41 students



6. Tree Plantation Drive under Campaign 'Ek Ped Maa Ke Naam'

On 20th August 2024, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a Tree Plantation Drive in support of the nationwide campaign 'Ek Ped Maa Ke Naam.' Approximately 15 trees were planted by enthusiastic volunteers outside the college campus on K.L. Mehta Marg, enhancing the area's greenery and promoting environmental sustainability.



7.Tree Plantation Drive

On 30th August 2024, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a Tree Plantation Drive, encouraging B.Sc. (Life Sciences) First Semester students to plant saplings near their homes or in parks. Students captured geotagged photos of their plantations and prepared project reports on their growth for semester evaluation.



8.Orientation Day

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, hosted an Orientation Program on 30th August 2024, welcoming 120 new students into the society. Mrs. Archana Dua, Ex-YRC Counsellor, provided an insightful talk on the YRC's history and its motto of "Friendship, Service, and Humanity." YRC volunteers Ms Kumkum and Ms Nandini shared highlights from previous projects, while Ms Parachi spoke about her personal growth through YRC.



9. Oral Health Awareness Talk


The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized an Oral Health Awareness Talk on 6th September 2024 to educate students on the importance of good oral hygiene. Dr. Dheeraj, a renowned dental expert from B.K. Hospital, Faridabad, delivered an insightful presentation on proper oral care, emphasizing the significance of regular brushing, flossing, dental check-ups, and the connection between oral health and overall well-being, including preventing gum disease, tooth decay, and even heart disease. The students actively engaged in the session, asking questions and seeking practical advice.



10. World Suicide Prevention Day

On 10th September 2024, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with B.K. Hospital, organized a program to observe World Suicide Prevention Day. The event included an awareness talk, poster-making competition, and a rally to promote mental health. Chief Guest Dr. Mohinder Pal Singh, along with their staff from B.K. Hospital, addressed issues like youth vulnerability, mental resilience, and addiction. The event concluded with a student rally and was attended by 207 students.



**KL MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD**

+

YOUTH RED CROSS SOCIETY

+

Observes
WORLD SUICIDE PREVENTION DAY
"Changing the narrative on suicide"
In collaboration with
B.K. HOSPITAL, FARIDABAD
By organising
**AWARENESS TALK, RALLY
AND
POSTER MAKING COMPETITION**
ON **10th SEPTEMBER 2024**
Time: **10.30am**
Venue: **Auditorium**
Rules for poster making competition:
- **Usual - 3 size sheets**
- **students will make poster at home.**
- **Submit in Zoology lab at 9.00 am on 10th September.**

PATRON
Dr. Manju Datta
(Officiating Principal)

YRC COUNSELLORS
Dr. Shweta Arya
Dr. Babita Sharma

YRC COORDINATOR
MS. Anita Dureja



11. World First Aid Day

On 14th September 2024, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, in collaboration with the District Red Cross Society, celebrated World First Aid Day to promote awareness and essential life-saving skills. The event began with lamp lighting by Principal Dr. Manju Dua, who welcomed chief guest Mr. Purushottam Saini, District Training Officer, with a sapling. Sessions included first aid techniques by Mr. Himanshu, CPR training by Dr. Durgesh, and bandaging demonstrations by Mr. Darshan Bhatia. Mr. Saini highlighted the societal importance of first aid, encouraging active student participation. The event successfully trained 116 students in vital emergency response skills.



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12.Self-Defence Workshop

A Self-Defence workshop was organized on 12th November 2024 for the Youth Red Cross (YRC) volunteers of K.L. Mehta Dayanand College for Women, Faridabad. The session aimed to equip young women with essential self-defence skills for their safety and confidence. Ms. Madhuri, the college's Taekwondo Coach, conducted the training, demonstrating practical techniques to handle emergency situations. The workshop was interactive and received enthusiastic participation from around 62 students.



13. Drug De-Addiction Awareness Program

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a Drug De-Addiction Awareness Program in collaboration with Art of Living on 25th November 2024 in the college auditorium with 103 participants. The event aimed to raise awareness about the harmful effects of substance abuse and encourage students to adopt a healthy, drug-free lifestyle. Ms. Hema Sharma from the Art of Living Foundation delivered an insightful talk on the psychological and social impacts of addiction, while Ms. Amita Bhatiya led a meditation session to promote mental well-being. The program featured interactive discussions that engaged students in understanding the importance of resilience and support networks.



14. Republic Day Celebration

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, celebrated Republic Day on 26th January 2025 with great patriotism and enthusiasm. The celebration featured a flag unfurling ceremony, singing of the National Anthem and sweets distribution among students and staff. Various competitions like Patriotic Dance Competition and Poster-Making Competition were held to encourage students participation



15. 5-Days District level Youth Red Cross Training Camp

12 YRC volunteers of K.L. Mehta Dayanand College for Women attended the 5-Day District Level Youth Red Cross Training Camp organized by the District Red Cross Society, Faridabad, from 1st to 5th February 2025 at Manav Rachna Institute of Research & Studies. During the camp, our volunteers achieved excellent results, winning First Prize in Poster Making, Second Prize in Haryanvi Dance, and Third Prize in Nukkad Natak. The camp included valuable awareness lectures on topics such as first aid, fire safety, mental health, road safety, and drug addiction.





16.VOLUNTEERING IN SURAJKUND MELA

9 YRC volunteers of K.L. Mehta Dayanand College for Women participated in the Surajkund Mela from 7th to 23rd February 2025. This international crafts fair allowed the volunteers to engage in following social service activities:

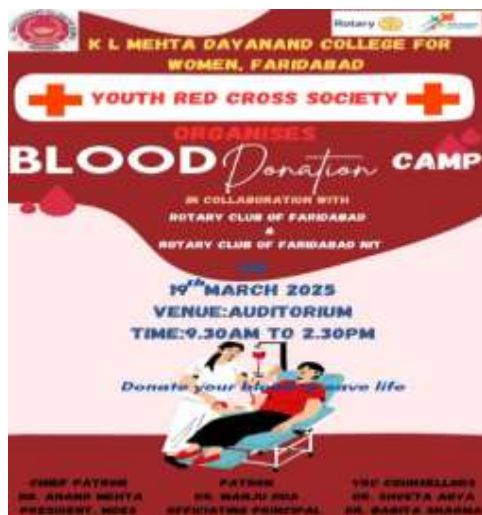
- Visitors Assistance: Guiding tourists and providing information.
- First Aid Services: Offering medical assistance when needed.
- Cleanliness Drive: Promoting hygiene among visitors and stall owners.
- Cultural Interaction: Engaging with artisans and performers.

The experience was a valuable learning opportunity that enhanced teamwork and cultural understanding. Their efforts exemplified voluntary service and social responsibility.



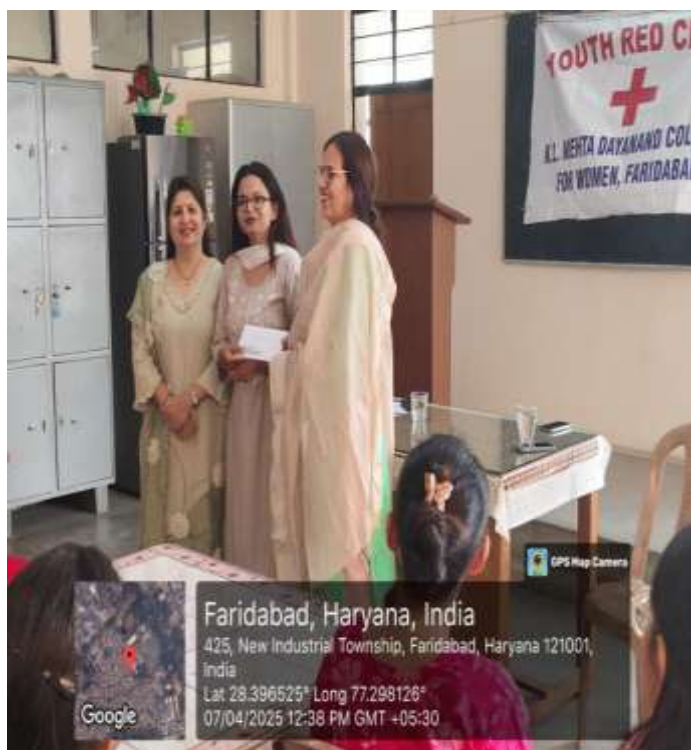
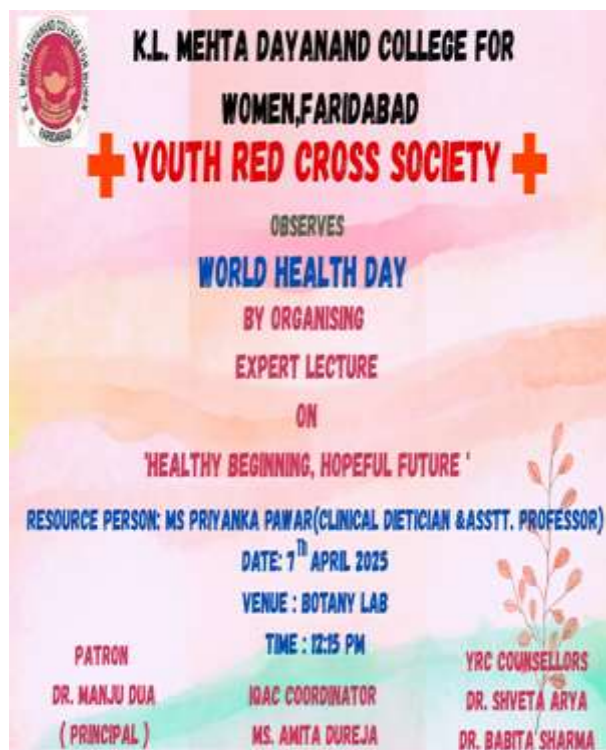
17.BLOOD DONATION CAMP

On March 19, 2025, the Youth Red Cross Society organized a successful Blood Donation Camp in collaboration with the Rotary Club of Faridabad, Rotary Club of Faridabad NIT, and B.K. Civil Hospital Blood Bank, collecting 120 units of blood. The camp was inaugurated by Dr. Anand Mehta, President, MDES, who delivered an inspiring speech on the importance of blood donation. Key participants included Rtn. Anil Vaid, Rtn. Virender Mehta, Rtn. P. P. Pasricha, and Rtn. Amit Arya, who played key roles in organizing the event. The camp emphasized community service and active participation, with the enthusiastic involvement of both students and faculty.



18. World Health Day

On 7th April 2025, the Youth Red Cross Society of K.L. Mehta Dayanand College for Women organized a lecture on World Health Day with the theme “Healthy Beginnings, Hopeful Futures.” The session was led by Ms. Priyanka Pawar, Clinical Dietician and Assistant Professor, who highlighted the importance of a balanced diet, rich in fruits, vegetables, and whole grains, and the connection between diet and mental health.



19.Cyclothon 2.0

On April 11, 2025, K.L. Mehta Dayanand College for Women, Faridabad, participated in Cyclothon 2.0, a state-wide initiative under the campaign "Ek Cycle Yatra Nasha Mukti Ke Naam," aimed at promoting a drug-free Haryana. The Cyclothon was flagged off by Hon'ble Chief Minister of Haryana Sh. Nayab Singh Saini. Students, especially from the Youth Red Cross (YRC), actively joined the rally, raising awareness about drug prevention. The Cyclothon made a special stop at the college, where students, faculty, and administration warmly welcomed the participants, offering refreshments and water. The college's participation exemplified youth leadership, civic engagement, and social responsibility, promoting a healthy, drug-free lifestyle for a better future.



20. First AID Training & Disaster Management Camp on World Red Cross Day

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad, organized a One-Day Camp on First Aid Training and Disaster Management in collaboration with the Indian Red Cross Society on 8th May 2025, marking World Red Cross Day. The event began with a lamp lighting ceremony by Principal Dr. Manju Dua and Chief Guest Mr. Purushottam Saini. Mr. Himanshu Bhatt led a practical session on CPR and emergency care, while Mr. Darshan Bhatia delivered an inspiring speech. A Poster Making Competition was held, The Governor of Haryana's video message was played, and Principal Dr. Dua stressed the importance of first aid awareness. The camp saw active participation from 75 students.





21. World Environment Day

The Youth Red Cross Society of K.L. Mehta Dayanand College for Women, Faridabad celebrated World Environment Day on 5th June 2025 with great enthusiasm. The event focused on spreading awareness about environmental protection. A tree plantation drive was carried out by students and faculty across the campus.



22. International Yoga Day

On 21st June 2025, The Youth Red Cross volunteers of K.L. Mehta Dayanand College for Women, Faridabad, participated in the International Yoga Day celebration at Sports Complex, Sector-12. The event featured yoga sessions, pranayams, and Om chanting. Cabinet Minister Shri Krishan Pal Gujjar inaugurated the program, and live telecasts of the Chief Minister and Prime Minister's yoga celebrations were shown. Students took a pledge to make yoga a daily habit.



BEST VOLUNTEERS (2024-2025)

UNIT 1: KUMKUM (BA 2ND YEAR)

PRACHI NAIN (BBA 2ND YEAR)

UNIT 2: ANJALI (BA 2ND YEAR)

NANDINI JHA (BBA 2ND YEAR)