



K.L. MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD

+ YOUTH RED CROSS **+** ANNUAL REPORT (2022-2023)



PRINCIPAL
Dr. Manju Dua

YRC COUNSELLORS
Dr. Shveta Arya
Dr. Babita Sharma

BEST VOLUNTEERS (2022-2023)
Unit 1: Preeti Unit 2: Sakshi

Youth Red Cross Activities

1. International Youth Day

International Youth Day was celebrated on 12th August 2022 with theme “Intergenerational Solidarity: Creating a World for All Ages”. It reminds us of a basic truth that we need people of all ages, young and old alike, energy and enthusiasm of young people if put together can generate a powerful impact on progress of our nation. Around 25 students were present .



2. Health check up camp

'Health check up camp' was organized in collaboration with Rotary club of Faridabad NIT Next on the occasion of 75 years of Independence on 15th August 2022. About 60 students were tested for their height, weight, BMR, BMI, BP and other parameters by Body Scanner Machine.



3. Azadi ka Amrit Mohotsav

‘Azadi ka Amrit Mahotsav’ was celebrated by inviting ‘Photo with National Flag’ on 16th August 2022. This was inspired by ‘Har Ghar Tiranga’ initiative by our beloved Prime Minister Sh. Narendra Modi ji. All the students and staff members actively participated and sent their beautifully created photos with national flag depicting their spirit, pride and love for the nation.



**KL MEHTA DAYANAND
COLLEGE FOR WOMEN
FARIDABAD**

+ YOUTH RED CROSS SOCIETY +
Celebrates

**AZADI KA AMRIT
MAHOTSAV**

Be creative with your
**PHOTO/SELFIE WITH NATIONAL
FLAG**

Send your entries on
klmdnrcs@gmail.com
till 14th August, 2022

PATRON
Dr. Manju Dua
Officiating
Principal

CONVENERS
Dr Shveta Arya
Dr Babita Sharma



4. Orientation Program

Orientation program was organized on 5th September 2022. Dr. Sangeeta Kulshrestha, Ex YRC Counsellor was the resource person. She discussed about different ways of creating awareness in the society for maintaining health and hygiene. Total 50 students attended the program.



Faridabad, Haryana, India

105, near KL mehta women college, New
Industrial Twp, Faridabad, Haryana 121001, India
Lat 28.396858°
Long 77.299144°
06/09/22 12:41 PM GMT +05:30

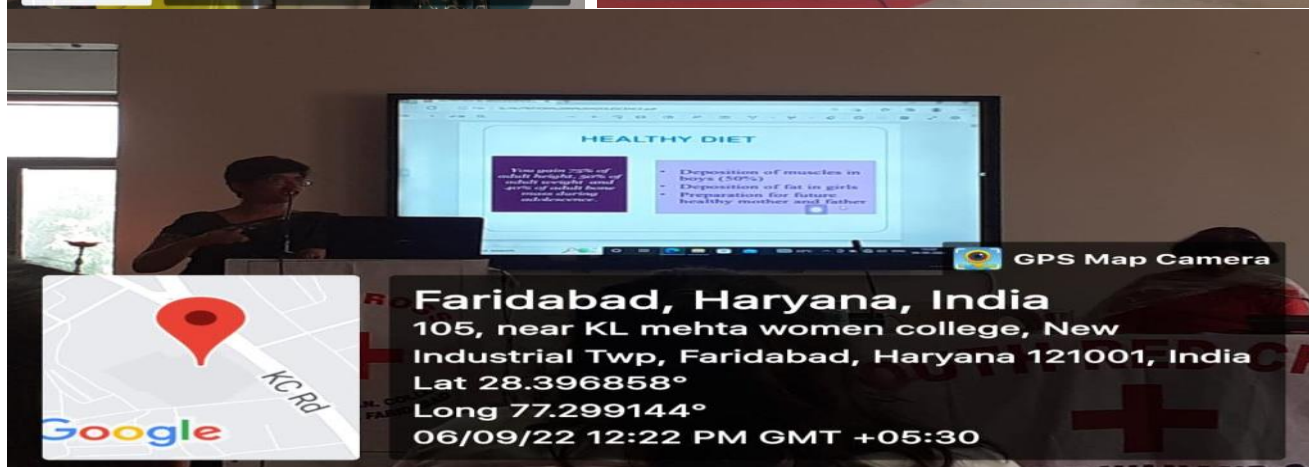
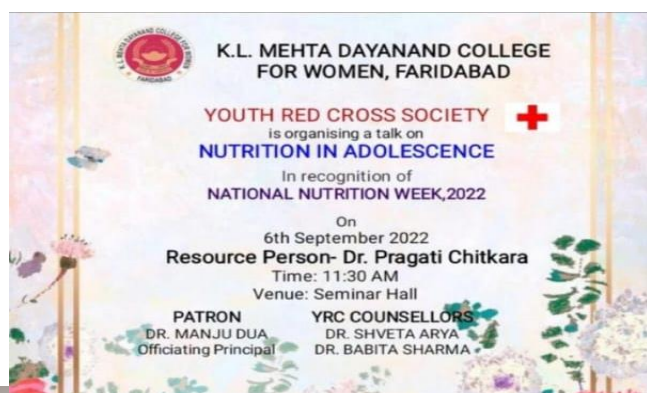
5. Tree Plantation

Tree Plantation drive was organized on 5th September 2022. Students were advised to plant more trees in their surroundings to keep our environment clean & healthy. Around 25 students were present.



6. Talk on 'Nutrition in Adolescence'

In Commemoration of National Nutrition week 2022, a talk was organized on the topic – 'Nutrition in Adolescence' on 6th September 2022. Dr. Pragati Chitkara was the resource person. She explained the importance and need of proper Nutrition in Adolescence period. Around 48 students attended the event.



7. World First Aid Day

World First Aid Day was celebrated in collaboration with St. John ambulance, Faridabad on 10th September 2022. District Training Officer, Mr Ishan Kaushik explained the importance of First-Aid. Students presented Nukkad Natika and skits on first-aid. A Quiz competition on First aid was also conducted. Around 220 students attended the event .



वल-मेवात आसपास

करीब 1000 से अधिक
ह्यूमन इंडिया

विश्व प्राथमिक चिकित्सा दिवस का आयोजन किया

ह्यूमन इंडिया/वलराम बंसल
होडल। विक्रम सिंह आई ए एस
उपायुक्त एवं प्रधान जिला रेड क्रॉस
सोसाइटी एवं सेंट जॉन एम्बुलेंस
शाखा फरीदाबाद के निर्देशानुसार
विजेन्द्र सोरोल सचिव जिला रेड
सोसाइटी एवम सेंट जॉन एम्बुलेंस
शाखा फरीदाबाद के मार्गदर्शन में
आज दिनांक 10 सितंबर 2022 को
विश्व प्राथमिक चिकित्सा दिवस का
आयोजन किया गया इस अवसर पर
मुख्य अतिथि के रूप में श्री गंगा
शंकर मिश्र प्रति सचिव आर एस एस,
निमल खण्डेलवाल संरक्षक रेड
क्रॉस सोसाइटी और के एल मेहता
महाविद्यालय की प्रधानाचार्या डा
मंजु दुआ उपस्थित रहे।

विश्व प्राथमिक चिकित्सा दिवस
के दौरान फरीदाबाद शाखा द्वारा
विभिन्न कार्यक्रमों का आयोजन
किया। सर्वप्रथम प्रातः 9:00
फरीदाबाद के टाउन पार्क में आम
जनता के बीच में प्राथमिक चिकित्सा
के प्रति जागरूकता अभियान चलाया
गया।

बेसिक रोड सेफ्टी के तहत जनता
को सड़क पर दुर्घटनाओं से बचने के



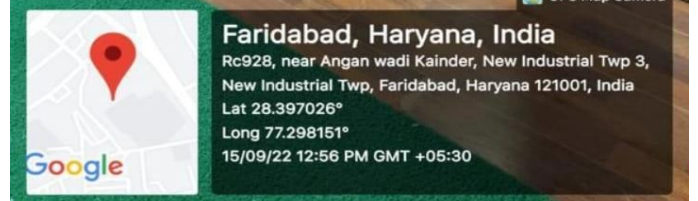
लिए पैपलेट बांटे गए जिससे
दुर्घटनाओं के प्रति जागरूकता
अभियान चलाया गया। मुख्य
अतिथि श्री गंगा शंकर मिश्र जी के
द्वारा कॉलेज में छात्रों को प्राथमिक
चिकित्सा के प्रति जागरूक किया
गया एवम कहा की आज भारत में
मौजूद हर व्यक्ति को प्राथमिक
चिकित्सा के प्रशिक्षण की
आवश्यकता है। केएल मेहता
कॉलेज फॉर वूमन फरीदाबाद में युथ
रेड क्रॉस टीम के द्वारा प्राथमिक

चिकित्सा के प्रति नुक़ाद नाटक एवं
संकट इसके साथ साथ प्राथमिक
चिकित्सा से संबंधित क्विज का
आयोजन किया गया।
इशांक कौशिक जिला प्रशिक्षण
अधिकारी के द्वारा केएल मेहता
कॉलेज फॉर वूमन में प्राथमिक के
प्रति वहाँ पर मौजूद कॉलेज स्टाफ व
छात्रों को प्राथमिक चिकित्सा के
महत्व के बारे में बताया कि क्यों हमें
प्राथमिक चिकित्सा के प्रशिक्षण की
आवश्यकता है।

प्रोग्राम के मौजूदा सदस्य श्री
इशांक कौशिक जिला प्रशिक्षण
अधिकारी, पुरुषोत्तम सैनी उप
अधीक्षक, जितेंद्र कौशिक प्रवक्ता,
कृष्ण कुमार प्रवक्ता, श्रीमती मीनू
कौशल प्रवक्ता, अरविंद शर्मा
लिपिक, मनदीप कंप्यूटर ऑपरेटर व
सुगम मौजूद थे। कार्यक्रम के अंत में
प्रिंसिपल एवं जिला प्रशिक्षण
अधिकारी द्वारा मौजूदा टीम को
कार्यक्रम को सफल बनाने के लिए
आभार व्यक्त किया गया।


8. Talk on 'Health and Air Pollution'



A talk on 'Health & Air Pollution' was organized on 15th September 2022 in collaboration with Lung Care Foundation to educate people on air pollution and its impact on health. Total 72 students attended the event.



9. National Blood Donation Day

National Voluntary Blood Donation day was celebrated in collaboration with Rotary club of Faridabad NIT next on 1st October 2022. Dr. Punita Hasija President, IMA was the resource person. Around 79 student attended the event.

**K L MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD**




+ YOUTH RED CROSS SOCIETY +

Celebrates
NATIONAL VOLUNTARY BLOOD DONATION DAY
Motivational talk
By
DR. PUNITA HASIJA (President, IMA)
In collaboration with
ROTARY CLUB OF FARIDABAD NIT NEXT

Date : 1st October 2022
Time: 9:30 am
Venue: Seminar Hall

PATRON
Dr. Manju Dua
Officiating Principal

YRC COUNSELLORS
Dr. Shveta Arya
Dr. Babita Sharma









Faridabad, Haryana, India
74, KL Mehta Rd, Block C, New Industrial Twp 3, New Industrial Twp, Faridabad, Haryana 121001, India
Lat 28.395868°
Long 77.292535°
01/10/22 10:10 AM GMT +05:30



C Medical Hospital
Google







Faridabad, Haryana, India
74, KL Mehta Rd, Block C, New Industrial Twp 3, New Industrial Twp, Faridabad, Haryana 121001, India
Lat 28.395868°
Long 77.292535°
01/10/22 09:57 AM GMT +05:30



C Medical Hospital
Google





Faridabad, Haryana, India
74, KL Mehta Rd, Block C, New Industrial Twp 3, New Industrial Twp, Faridabad, Haryana 121001, India
Lat 28.395868°
Long 77.292535°
01/10/22 10:06 AM GMT +05:30



C Medical Hospital
Google

10. World Mental Health Day

World Mental Health Day was observed in collaboration with B.K Hospital, Faridabad on 10th October 2022. Various activities like Poster making, Expert talk & rally were organized. Expert lecture was delivered by Ms Poonam Sachdeva. CMO Dr. Sheela Bhagat was also present. Total 129 students attended the event.




11. World Sight Day

23rd World Sight Day was celebrated on 13th October 2022 by organizing awareness program in collaboration with BK Hospital. Resource Person was Ms Preeti, Optometerist from B. K. Hospital. The main aim of this program was to encourage every individual to take proper care of eyes to prevent any visual impairment in future. Total 35 students attended the event.



12. Blood Donation Camp

Blood Donation Camp was organized on 17th November 2022 in collaboration with Rotary club of Faridabad & Rotary club of Faridabad NIT Next. Total 112 units of blood was donated by students & teachers.




**K L MEHTA DAYANAND COLLEGE
FOR WOMEN, FARIDABAD**

YOUTH RED CROSS SOCIETY
organizes
BLOOD DONATION CAMP


In collaboration with
ROTARY CLUB OF FARIDABAD
&
ROTARY CLUB OF FARIDABAD, NIT NEXT

On
17th November 2022
Venue: College Auditorium
Time: 9:30 am to 3 pm


PRESIDENT, MDES
Mr. ANAND MEHTA

PATRON
Dr. MANJU DUA
OFFICIATING PRINCIPAL

YRC COUNSELLORS
Dr. SHVETA ARYA
Dr. BABITA SHARMA



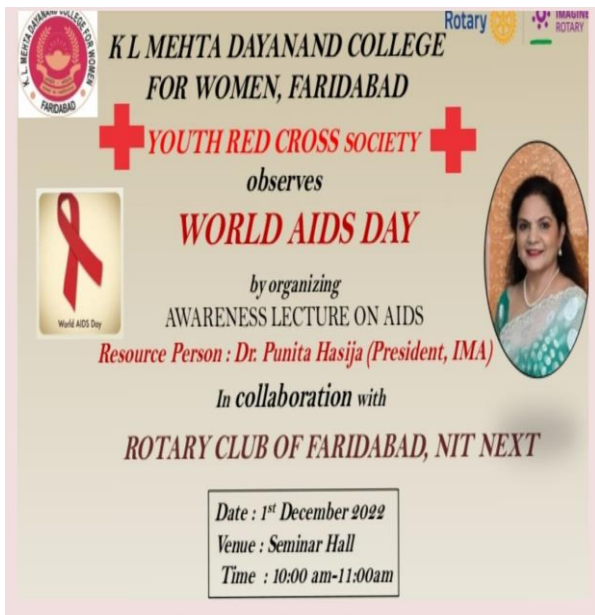
13.The Communal Harmony Week

'The communal harmony week' was observed from 19th to 25th November 2022 by organizing awareness program to foster and reinforce the strength of communal harmony & national integration. Resource person was Dr. Sheel Singh, Associate professor, Deptt of Botany of our college. Around 106 students attended the lecture.



14. World AIDS Day

On 1st December 2022, World AIDS Day was observed in collaboration with Rotary club of Faridabad NIT Next. Dr. Punita Hasija, President, IMA was the resource person. She informed the students about the theme of AIDS day that year was 'Equalise' that means everyone should go for testing without any discrimination. Total 148 students were present.



The poster is for an awareness lecture on AIDS organized by the Youth Red Cross Society at K L Mehta Dayanand College for Women, Faridabad. It features logos for the college, Rotary, and the Red Cross. A portrait of Dr. Punita Hasija is included. The text specifies the date as 1st December 2022, the venue as Seminar Hall, and the time as 10:00 am to 11:00 am.

K L MEHTA DAYANAND COLLEGE
FOR WOMEN, FARIDABAD

YOUTH RED CROSS SOCIETY

observes

WORLD AIDS DAY

by organizing
AWARENESS LECTURE ON AIDS

Resource Person : *Dr. Punita Hasija (President, IMA)*

In collaboration with
ROTARY CLUB OF FARIDABAD, NIT NEXT

Date : 1st December 2022
Venue : Seminar Hall
Time : 10:00 am-11:00am



15. Oath Taking Ceremony

Youth Red Cross society, NSS, and Road Safety Club organized 'Oath taking ceremony' for road safety on 9th December 2022 in college premises. Around 500 students along with the teachers took oath. This was a good initiative to make students aware of road safety.



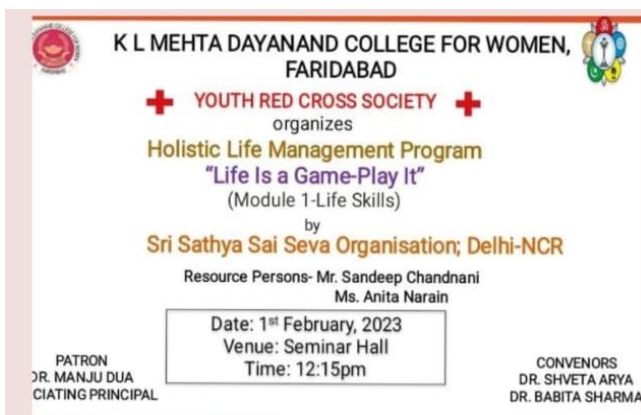
16. Republic Day

74th Republic Day and Basant Panchami was celebrated in the college premises on 26th January 2023. Competitions like Poetry Recitation, Declamation and Slogan Writing on the topic 'My Country My Pride' were organised. Around 43 Students participated with great zeal depicting their spirit of Patriotism.



17. Holistic Life Management, Module I


Holistic Life Management program was organized on 1st February 2023 in collaboration with Satya Sai Sewa Organization, Delhi NCR. For Module-I (Life Skills), Resource persons were Mr. Sundeep Chandnani and Mrs. Anita Narain. Around 83 students attended the event.




18. Holistic Life Management, Module II

Holistic Life Management program Module-II (Personality Development) was organized on 7th February 2023 in collaboration with Sri Satya Sai Sewa Organization. Around 160 students attended the event.



**K L MEHTA DAYANAND COLLEGE FOR WOMEN**
FARIDABAD



+ YOUTH RED CROSS SOCIETY +
organizes
Holistic Life Management Program
"Life Is a Game- Play It"
Module II- Personality Development
by
Sri Sathya Sai Seva Organisation, Delhi-NCR
Resource Persons- Mr. Sundeep Chandnani
Ms. Anita Narain

Date: 7th February, 2023
Venue: Auditorium
Time: 12:15pm

PATRON
DR. MANJU DUA
OFFICIATING PRINCIPAL

CONVENORS
DR. SHVETA ARYA
DR. BABITA SHARMA



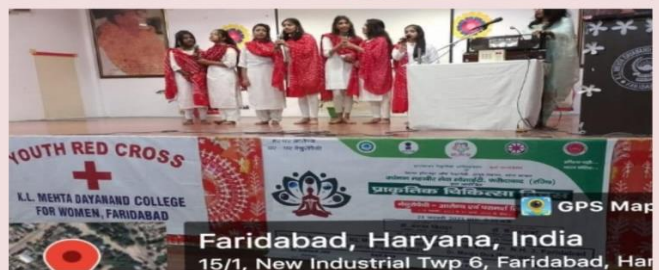
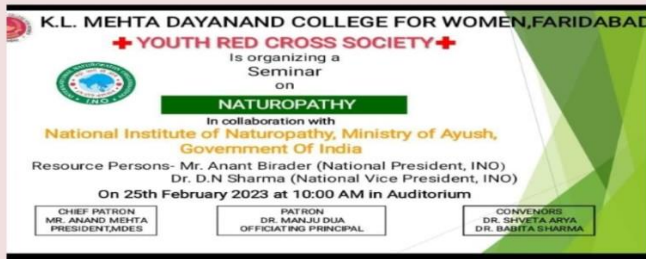
19. 5 Days Youth Training Camp

Indian Red Cross Society, District Branch, Faridabad organized 5 days Youth training camp in J C Bose University of Science and technology on 20th,23rd,24th,27th, and 28th February 2023. Our volunteers won second prize in Nukkad Natak & Dance Competition. Our YRC Volunteer, Sakshi was awarded the Best Female Youth Volunteer. Seven YRC volunteers from K L Mehta Dayanand College along with YRC Counsellor attended the camp.



20. Seminar on Naturopathy

A seminar on Naturopathy was organized in collaboration with International Naturopathy Organization and Vardhman Mahavir Seva Society Faridabad on 25th February 2023. Students were advised to lead Medicine free life by following naturopathy. Around 217 students attended the seminar.



21. National Safety Day

National safety Day was celebrated on 4th March 2023 by organizing Slogan writing competition and Awareness lecture on 'Women Safety'. Resource person was Dr. Vinita Sharma from Deptt of History of our College. Total 75 students attended the lecture & 12 volunteers participated in the competition.



22. Brigade officer Training Camp

St. John Ambulance (India), Indian Red Cross Society Haryana State Centre organized a Brigade Officer Training Camp From 17th to 19th March, 2023 at Laxmi Bhawan Dharamshala of Shri Devi Shrine Board, Panchkula. Our YRC volunteer, Sakshi Jha attended the training camp & became the Brigade Officer.



23. Holistic Life Management, Module III

Holistic Life Management program Module III (Key to Relationships) was organized on 20th March 2023 by Shri Satya Sai Sewa organization, Delhi NCR. Resource persons were Mr. Sandeep Chandnani and Mrs. Rekha. Total 93 students attended the program.



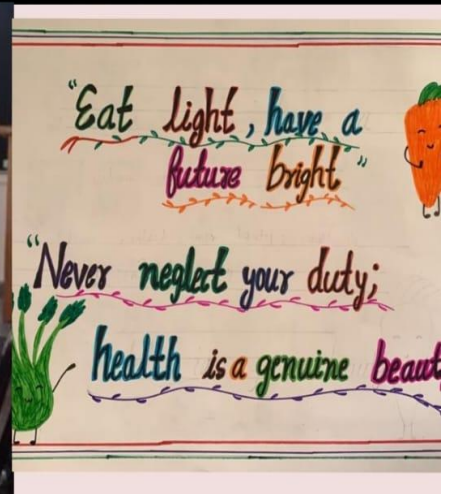
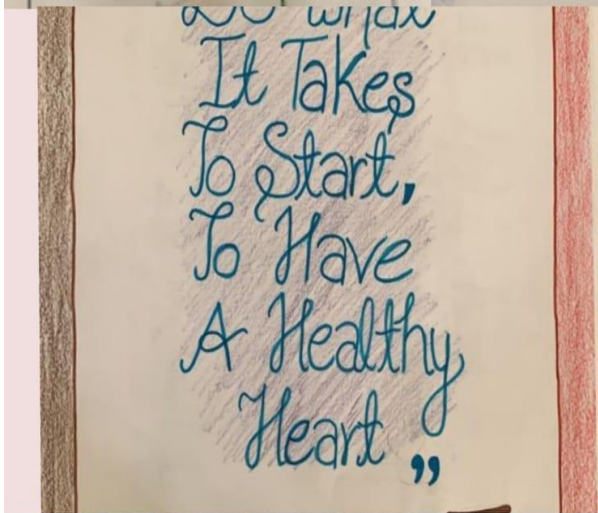
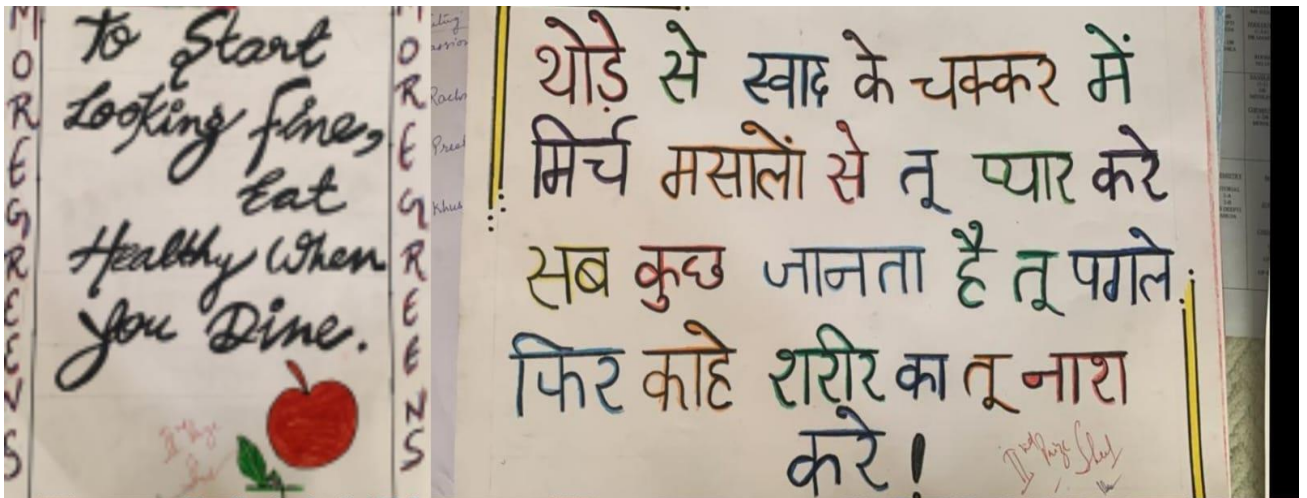
24. VISIT TO NAIRH

On 5th April 2023, Eight YRC volunteers visited National Association for the Integration and Rehabilitation center of the Handicapped (NAIRH), Faridabad to see the differently abled children. Students learnt a lot about various disabilities like Down's Syndrome, ADHD, Cerebral palsy, Mentally Retarded, Blind, Deaf, Dumb and many more. Volunteers observed that although they were disabled in different ways but were trying well to connect themselves with main stream of the society.



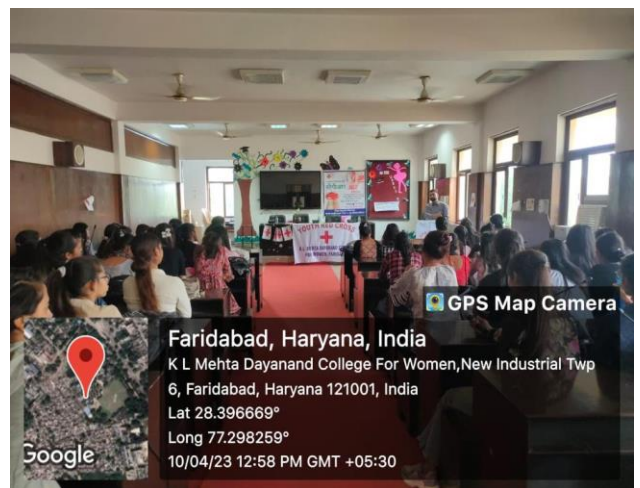
25. World Health Day

On 7th April 2023 on the occasion of 'World Health Day' Slogan writing competition was organised on the topic 'Healthy Lifestyle'. Around 20 students participated.



26. 4 Days First Aid Training Camp (First Day)

4 Days First Aid training Camp was organized from 10th April to 13th April 2023. Mr Jitendra Kaushik, Lay lecturer cum Brigade officer from St. John's ambulance and Red Cross, Faridabad was the resource person. Students were told about the golden rules of first-aid and gave demonstration of CPR to save an injured person's life. Volunteers were also given hands on practice of CPR. It was very informative and interactive session. Around 48 volunteers participated in the camp.



4Days First Aid Training Camp

(Second Day)

On 11th April i.e. second day of the camp, Mr Jitendra Kaushik, Lay Lecturer & Brigade Officer from St. John Ambulance & Red Cross, Faridabad demonstrated first aid techniques to be given to the casualty in case of accident on the road. He also explained about the measures to be followed during Minor cut, Major cut bleeding & organ amputation. Volunteers also did a mock drill of first aid to be given to a person injured in a road accident.



4 Days First Aid Training Camp (Third Day)

On 12th April 2023 i.e. third day of camp, Resource person described about first aid to be given in case of injury by any sharp object in the body. He explained about first degree, second degree, third degree burns and the First aid to be given in the case of burns. Sh. Bijender Sarout, Hony Secretary, Red cross Faridabad and Sh. Purushottam Saini, District Training Officer, Red Cross Faridabad and Dr M P Singh also visited the camp.



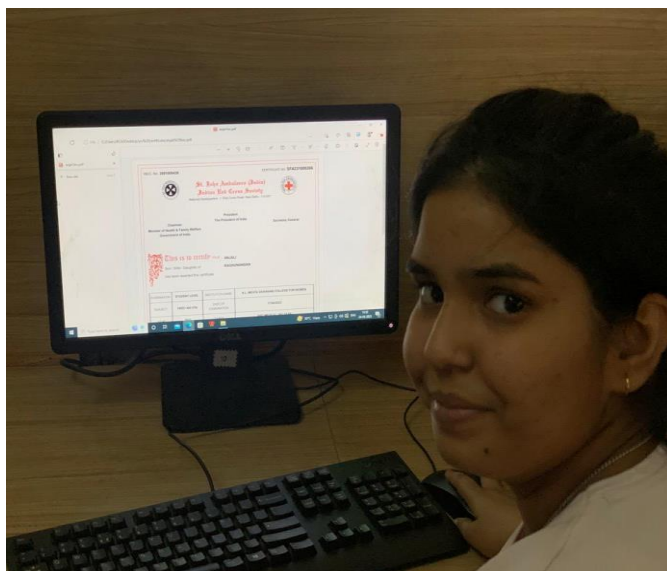
4 Days First Aid Training Camp (Fourth Day)

On 13th April 2023 i.e. last day was the valedictory ceremony of the camp. Volunteers presented a skit on First Aid showcasing their learning of the past four days of the camp. Prizes were distributed to the volunteers for their active participation in various activities. They shared their experiences of the camp and took pledge to always come forward to help the needy.



Examination & Certification **of First Aid**

Our 48 volunteers successfully qualified online exam conducted by St John's ambulance (India) and Indian Red Cross Society, New Delhi after attending 4 Days First Aid training Camp. In District Faridabad YRC volunteers of our college were the first ones to take this online exam since its inception on online mode. 92% of the volunteers got 100% marks and they were delighted to get their digital certificates.



27. World Red Cross Day

To commemorate World Red Cross Day on 8th May 2023, twelve YRC volunteers visited National Blind School to observe & extend help to blind students. They were amazed to see how meticulously they perform their day to day activities.



28. MAPUY Camp

Haryana Government organized a 5 Days Mukhyamantri Antyodaya Parivar Uthaan Yojana camp from 1st May 2023 to 5th May 2023. 4 YRC volunteers of our college attended this camp.

