

K.L MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD  
LESSON PLAN FOR THE SESSION 2022-23

<b>Name of the professor: Dr. Manju Dua</b>	
<b>Class And Section: BA 5<sup>th</sup> Sem</b>	
<b>Subject: Physical Education</b>	
Day 1	Introduction Of The Syllabus
Day 2	Meaning and definition of psychology
Day 3	Psychological aspect of physical education
Day 4	Continued
Day 5	Continued
Day 6	Continued
Day 7	Continued
Day 8	Continued
Day 9	Continued
Day 10	Psycho-physical unity
Day 11	Meaning and definition of learning
Day 12	Continued
Day 13	Continued
Day 14	Continued
Day 15	Continued
Day 16	Individual differences
Day 17	Definitions
Day 18	Types of individual differences
Day 19	Types of individual differences
Day 20	Continued
Day 21	Continued
Day 22	Continued
Day 23	Continued
Day 24	Meaning of play
Day 25	Definition of play
Day 26	Theories of play
Day 27	Continued
Day 28	Continued
Day 29	Continued
Day 30	Meaning of adjustment
Day 31	Methods of adjustment
Day 32	Continued
Day 33	Continued
Day 34	Continued
Day 35	Motivation
Day 36	Continued
Day 37	Continued
Day 38	Short answer type questions
Day 39	Continued
Day 40	Test of Unit I
Day 41	Introduction of Unit 2
Day 42	Sports Socialization Agency
Day 43	Sports as medium of socialization
Day 44	Continued
Day 45	Effects of socio-economic status on sports
Day 46	Continued
Day 47	Spectators and crowd behaviour (positive, negative, neutral)
Day 48	Continued
Day 49	Continued

Day 50	Sports and economy
Day 51	Continued
Day 52	Traditions and their influence on behavior pattern
Day 53	Continued
Day 54	Short Answerer Type Questions
Day 55	Revision
Day 56	Test of Unit 2
Day 57	Introduction of Unit 3
Day 58	Conditioning
Day 59	Need and importance of conditioning
Day 60	Methods of conditioning
Day 61	Circuit training
Day 62	Continued
Day 63	Interval training
Day 64	Continued
Day 65	Continued
Day 66	Fartlek Training
Day 67	Continued
Day 68	Weight Training
Day 69	Continued
Day 70	Short Answer Type Questions
Day 71	Test of Unit 3
Day 72	Introduction of Unit 4
Day 73	Doping
Day 74	Doping
Day 75	Types of Doping
Day 76	Continued
Day 77	Continued
Day 78	Prevention of Doping
Day 79	Hazards of Smoking
Day 80	Prevention of Drinking
Day 81	Quitting Techniques of Drinking
Day 82	Continued
Day 83	Short answer type questions
Day 84	Long answer type questions of unit 1
Day 85	Long answer type questions of unit 2
Day 86	Long answer type questions of unit 3
Day 87	Long answer type questions of unit 4
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Ms. Sudha Sahi</b>	
<b>Class : B.A. 1<sup>st</sup> Sem</b>	
<b>Subject: English</b>	
Day 1	Orientation of the students
Day 2	Introduction of the syllabus
Day 3	Chapter 1: Introduction of speech sounds
Day 4	Discussion of organs of speech
Day 5	Discussion of Phonetic symbols
Day 6	Discussion of Vowel sounds, consonants
Day 7	Discussion of Diphthongs
Day 8	Exercise based on Monophthongs and Diphthongs
Day 9	Chapter 2: Choosing Our universe
Day 10	Reading and Explanation of the chapter
Day 11	Discussion of comprehension passage
Day 12	Discussion of short questions
Day 13	Discussion of long questions
Day 14	Discussion of extended grammar
Day 15	Chapter 3: Are dams the temples of Modern India?
Day 16	Reading and explanation of the comprehension passage
Day 17	Discussion of short questions
Day 18	Discussion of long questions
Day 19	Discussion of vocabulary exercise
Day 20	Discussion of extended grammar
Day 21	Test of chapter 1 & 2
Day 22	Introduction of Tenses(Present , Present Continuous, Present Perfect, Present Perfect Continuous)
Day 23	Introduction of tenses(Past, Past Continuous, Past Perfect, Past Perfect Continuous)
Day 24	Introduction of Tenses(Future, Future Continuous, Future Perfect, Future Perfect Continuous)
Day 25	Exercise based on Tenses
Day 26	Test of Tenses
Day 27	Chapter4: The Generation Gap
Day 28	Reading and explanation of comprehension passages
Day 29	Discussion of short questions
Day 30	Discussion of long questions
Day 31	Discussion of vocabulary exercise
Day 32	Discussion of extended grammar
Day 33	Chapter 5: Wounded Plants
Day 34	Reading and explanation of comprehension passage
Day 35	Discussion of short questions
Day 36	Discussion of long questions
Day 37	Discussion of vocabulary exercise
Day 38	Discussion of extended grammar
Day 39	Introduction to Parts of Speech(Noun)
Day 40	Types of noun(proper, common, collective, abstract noun)
Day 41	Exercise based on Noun and its kinds
Day 42	Chapter 5: Wounded Plants

Day 43	Reading and explanation of comprehension passage
Day 44	Discussion of short questions
Day 45	Discussion of long questions
Day 46	Discussion of vocabulary exercise
Day 47	Discussion of extended grammar
Day 48	Parts of Speech: Adjectives(Types and Uses of Adjectives)
Day 49	Chapter 6: Language and National Identity
Day 50	Reading and explanation of comprehension passage
Day 51	Discussion of short questions
Day 52	Discussion of long questions
Day 53	Discussion of Vocabulary exercise and extended grammar
Day 54	Conjunctions and it's uses
Day 55	Exercise based on Adjectives and Conjunctions
Day 56	Chapter 7: playing the English Gentleman
Day 57	Reading and explanation of comprehension passage
Day 58	Discussion of short questions
Day 59	Discussion of long questions
Day 60	Discussion of extended grammar and vocabulary exercise
Day 61	Introduction of pronouns and verbs
Day 62	Exercise based on pronoun and verb
Day 63	Introduction of Preposition
Day 64	Exercise based on preposition
Day 65	Chapter 8: Great Books are born out of great minds
Day 66	Reading and explanation of comprehension passage
Day 67	Discussion of short and long questions
Day 68	Discussion of vocabulary and extended grammar
Day 69	Introduction of adverb
Day 70	Types and uses of adverb
Day 71	Exercise based on adverb
Day 72	Chapter 9: The Responsibilities of Young Man
Day 73	Reading and explanation of comprehension passage
Day 74	Discussion of short and long questions
Day 75	Discussion of vocabulary and extended grammar
Day 76	Introduction of Articles and its uses
Day 77	Exercise based on articles
Day 78	Test of chapter 6 & 7
Day 79	Chapter 10: Bharat Mata
Day 80	Reading and Explanation of comprehension Passage
Day 81	Discussion of long and short questions
Day 82	Discussion of vocabulary and extended grammar
Day 83	Practice of Tenses
Day 84	Practice of Parts of Speech
Day 85	Discussion of Chapter 7, 8 and 9
Day 86	Practice of transcription
Day 87	Practice of articles
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Ms Sudha Sahi</b> <b>Class And Section: B.A 5<sup>th</sup> Sem</b> <b>Subject: English</b>	
Day 1	Introduction to syllabus and scheme of examination.
Day 2	Introduction about the novel.
Day 3	Introduction of the text prescribed Kanthapura by Raja Roy.
Day 4	Chapter 1 of text developing short story on the basis of the given outlines.
Day 5	Explain how to write a story both direct and indirect form of narration.
Day 6	Chapter 2 Explain from the text Kanthapura short questions discussed base on character.
Day 7	Chapter 3 Explain from the text Kanthapura short questions discussed base on character.
Day 8	Introduction of sentences.
Day 9	Introduction of clauses.
Day 10	Practice of sentences
Day 11	Practice of clauses
Day 12	Discussion of moorthy character.
Day 13	Chapter 4 Explain from the text Kanthapura short questions discussed base on character.
Day 14	Chapter 5 Explain from the text Kanthapura short questions discussed base on character.
Day 15	Chapter 6 Explain from the text Kanthapura short questions discussed base on character.
Day 16	Discuss the question of chapter 4.
Day 17	Discuss the question of chapter 5.
Day 18	Discuss the question of chapter 6.
Day 19	Explain types of sentences.
Day 20	Long questions based on chapter 1-6
Day 21	Conversion of sentences
Day 22	Introduction of complex sentences
Day 23	Doubt session.
Day 24	Discussion of chapter 7.
Day 25	Discussion of chapter 8.
Day 26	Discussion of chapter 9.
Day 27	Discuss short questions based on chapter 7.
Day 28	Discuss short questions based on chapter 8.
Day 29	Discuss short questions based on chapter 9.
Day 30	Introduction of precis writing

Day 31	Practice of precis writing
Day 32	Practice of short story writing
Day 33	Discussion of chapter 10.
Day 34	Discussion of chapter 10.
Day 35	Discussion of chapter 11.
Day 36	Discussion of chapter 11.
Day 37	Discussion of chapter 12.
Day 38	Discussion of chapter 12.
Day 39	Short questions discussed based on chapter 10.
Day 40	Short questions discussed based on chapter 11.
Day 41	Short questions discussed based on chapter 12.
Day 42	Language narrative style and literary merit of Kanthapura discussed.
Day 43	Doubt clearing session.
Day 44	Class test.
Day 45	Practice of complex sentences.
Day 46	Practice of complex sentences.
Day 47	Practice of compound sentences.
Day 48	Practice of compound sentences.
Day 49	Practice of literary terms.
Day 50	Practice of literary terms.
Day 51	Explanation of chapter 13.
Day 52	Explanation of chapter 13.
Day 53	Explanation of chapter 14.
Day 54	Explanation of chapter 14.
Day 55	Short questions discussed based on chapter 13.
Day 56	Short questions discussed based on chapter 14.
Day 57	Short questions discussed based on chapter 15.
Day 58	Discuss short questions related to chapter 13.
Day 59	Discuss short questions related to chapter 14.
Day 60	Discuss short questions related to chapter 15.
Day 61	Doubt clearing session.
Day 62	Discussion of the role and status of female characters of Kanthapura.
Day 63	Revision of the short questions.

Day 64	Textual passages for comprehension from the chapter.
Day 65	Discuss the question Kanthapura as a novel of Indian freedom movement.
Day 66	Discuss the clauses defining and non defining.
Day 67	Discuss what type of life villagers get in the village Kanthapura.
Day 68	Discuss the chapter 17.
Day 69	Discuss the chapter 17.
Day 70	Discuss the chapter 18.
Day 71	Discuss the chapter 18.
Day 72	Discuss the short questions based on chapter 17.
Day 73	Discuss the short questions based on chapter 18.
Day 74	Revision of the short questions.
Day 75	Revision of the short questions.
Day 76	Class test.
Day 77	Discuss the long question Kanthapura revolves around the myth of Ram, Sita and Ravan
Day 78	Practice of comprehension.
Day 79	Practice for one word substitution.
Day 80	Oral test of short questions from Kanthapura,
Day 81	Practice of conditional clauses.
Day 82	Composition developing hints into a paragraph and a story.
Day 83	Mock test.
Day 84	Practice for story and precis writing.
Day 85	Practice of complex and compound sentences.
Day 86	Practice of literary terms.
Day 87	Discussion of long questions.
Day 88	Story development with the help of hints.
Day 89	Conclude the whole syllabus.
Day 90	Discuss with the students how to attempt question paper in the final exam.

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<b>Name of the Assistant Professor: Dr. Madhurima Dubey</b>	
<b>Class And Section: BA 5<sup>th</sup> sem</b>	
<b>Subject: Political Science Comparative Politics</b>	
Day 1	Orientation
Day 2	Chapter 1 comparative politics definition and scope
Day 3	Introduction meaning and definition of chapter 1
Day 4	Characteristics point 1 to 5
Day 5	Characteristics point 6 to 11
Day 6	Conclusion
Day 7	Scope 1 to 6
Day 8	Scope point 7 to 13
Day 9	Conclusion
Day 10	Discussion and problems
Day 11	Difference between comparative government and politics
Day 12	Difference between comparative government and politics
Day 13	Utility point 1 to 5
Day 14	Utility point 6 to 10
Day 15	Conclusion
Day 16	Discussion and problems
Day 17	Chapter 2 comparative politics traditional and modern concerns introduction and background
Day 18	Traditional approach
Day 19	Introduction
Day 20	Meaning and definition
Day 21	Features 1 to 5
Day 22	Features point 6 to 10
Day 23	Criticism point 1 to 5
Day 24	Criticism.6 to 10
Day 25	Importance
Day 26	Conclusion and revision
Day 27	Modern approach introduction
Day 28	Meaning and definition
Day 29	Features point 1 to 6
Day 30	Features.7 to 12
Day 31	Criticism
Day 32	Importance
Day 33	Difficulties
Day 34	Conclusion
Day 35	Discussion and problems
Day 36	Chapter 4 comparative method
Day 37	Introduction
Day 38	Meaning and definition
Day 39	Features
Day 40	Scope
Day 41	Importance
Day 42	Difficulties
Day 43	Conclusion and problems
Day 44	Chapter 6 constitution meaning and types
Day 45	Introduction
Day 46	Meaning and definition
Day 47	Types
Day 48	Merits and demerits of flexible constitution



Day 49	Merits and demerits of flexible constitution
Day 50	Merits and demerits of Rigid constitution
Day 51	Merits and demerits of written constitution
Day 52	Merits and demerits of written constitution
Day 53	Merits and demerits of unwritten constitution
Day 54	Merits and demerits of unwritten constitution
Day 55	Conclusion
Day 56	Discussion and problems
Day 57	Chapter 7 constitutionalism
Day 58	Introduction meaning and definition
Day 59	Basis and elements
Day 60	Features
Day 61	Origin and development
Day 62	Concept western
Day 63	Concept communist
Day 64	Concept developing countries
Day 65	Conclusion and decision
Day 66	Chapter 5 approaches to study of comparative politics
Day 67	Input output theory
Day 68	Introduction and meaning
Day 69	Features
Day 70	Criticism
Day 71	Importance
Day 72	Conclusion and discussion
Day 73	Political development
Day 74	Introduction and meaning
Day 75	Various concepts
Day 76	Features of Lucyan pie
Day 77	Almonds features
Day 78	Criticism and problems
Day 79	Political culture introduction definition and elements
Day 80	Features
Day 81	Types and importance
Day 82	Secularisation conclusion discussion and problems
Day 83	Executive introduction meaning and kinds
Day 84	Function conclusion problems and discussion
Day 85	Chapter 9 legislature introduction types and functions Bicameral legislature demerits merits and conclusion
Day 86	Chapter 10 political parties introduction definition features
Day 87	Functions merit demerit classification One party system merits and demerits Bi party system merits and demerits Multi party system merits and demerits
Day 88	Opposition and democracy Chapter 12 pressure groups introduction types and features
Day 89	Functions methods merits and demerits Difference between political parties and pressure groups
Day 90	Course revision and difficulties

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<b>Name of the Assistant/ Associate Professor: Dr. Madhurima Dubey</b>	
<b>Class And Section: B.A 1<sup>st</sup> Sem</b>	
<b>Subject: Political Science</b>	
Day 1	Formation of constituent assembly CH-1
Day 2	some important features of the Indian Constitution assembly
Day 3	framing of Indian Constitution
Day 4	seminal sources of Indian Constitution CH-2
Day 5	developing sources of Indian Constitution
Day 6	main features of the Preamble to the Indian Constitution CH-3
Day 7	importance of the Preamble
Day 8	main features of the Indian Constitution Ch-4
Day 9	Fundamental Rights in Indian Constitution Ch-5
Day 10	features of fundamental rights
Day 11	guarantees provided in the Indian Constitution for the protection of rights
Day 12	criticism of fundamental rights
Day 13	importance of fundamental rights
Day 14	necessity of inclusion of duties in the constitution Ch-6
Day 15	fundamental duties in Indian Constitution
Day 16	criticism of fundamental duties
Day 17	importance of fundamental duties
Day 18	interrelationship of fundamental rights and fundamental duties
Day 19	purpose of the directive principles Ch-7
Day 20	Class test of Fundamental Rights and features of Constituion
Day 21	classification of the directive principles
Day 22	evaluation of the directive principles
Day 23	importance of Directive Principles of State Policy
Day 24	how far the Directive Principles have been implemented
Day 25	relationship between the fundamental rights and the directive principles
Day 26	distinction between the fundamental rights and Directive principles
Day 27	General provisions concerning the office of the President Ch-8
Day 28	president election
Day 29	criticism of election procedure of president
Day 30	role of president
Day 31	financial powers or role in financial sphere
Day 32	emergency powers of the president
Day 33	evaluation of emergency powers
Day 34	justification of emergency powers
Day 35	changing role of president
Day 36	vice president of India
Day 37	Main features of the cabinet system in India Ch-9
Day 38	Council of Ministers
Day 39	composition of the Council of Ministers
Day 40	Class presentation on the topic of president and PM
Day 41	difference between the Council of Ministers and cabinet
Day 42	role of the cabinet
Day 43	powers of Prime Minister

Day 44	position of prime minister
Day 45	changing role of prime minister
Day 46	Can Prime Minister became Dictator?
Day 47	regarding appointment of governor Ch-10
Day 48	powers and functions of the governor
Day 49	discretionary powers of governor
Day 50	changing role of governor
Day 51	formation of the Council of Ministers Ch-11
Day 52	functions of the Council of Ministers
Day 53	powers and functions of the chief minister
Day 54	position of the chief minister
Day 55	features of parliament Ch-12
Day 56	election of the members of Lok Sabha
Day 57	powers and function of the Lok Sabha
Day 58	speaker of Lok Sabha
Day 59	changing role of speaker
Day 60	Class test of functions of parliament
Day 61	Council of States
Day 62	powers and functions of Rajya Sabha
Day 63	mutual relationship between the Lok Sabha and the Rajya Sabha
Day 64	role of parliament
Day 65	evaluation of the working of Indian parliament
Day 66	how does an ordinary bill became an act in the Indian Parliament CH-13
Day 67	how is the money Bill passed
Day 68	the process of amending the Indian Constitution Ch-14
Day 69	some important facts regarding Constitutional Amendment procedure
Day 70	criticism of the amending process of the Indian Constitution
Day 71	Legislative Assembly Ch-15
Day 72	election of the members of Vidhan Sabha
Day 73	powers and functions of The Vidhan Sabha
Day 74	Legislative Council
Day 75	powers and functions of the Legislative Council
Day 76	relations between the legislative assembly and legislative council
Day 77	Main provisions of 73rd constitutional amendment Ch-16
Day 78	new Panchayati Raj system in States
Day 79	state election commission
Day 80	Assignment of Legislative assembly and legislative council
Day 81	Supreme Court Ch-17
Day 82	powers and functions of Supreme Court
Day 83	Judicial review
Day 84	meaning of judicial activism
Day 85	High Court
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the professor: Dr. Madhurima Dubey</b>	
<b>Class And Section: M.A. Previous Semester- 1</b>	
<b>Subject: Political Science</b>	
Day 1	Meaning and definition of international politics
Day 2	Nature of international politics
Day 3	Scope of international politics
Day 4	Problems of Norman culture
Day 5	Class test of international politics
Day 6	Relation between politics and international politics
Day 7	Difference between politics and international politics
Day 8	Nature of politics
Day 9	Approaches to the study of international politics: an introduction
Day 10	Assignment of nature of international politics
Day 11	Stages of growth of international politics
Day 12	International politics as an autonomous discipline
Day 13	Diplomatic approach
Day 14	Institutional approach
Day 15	Class test of politics
Day 16	Meaning and definition of idealist approach
Day 17	Features of idealist approach
Day 18	Demerits of idealist approach
Day 19	Meaning and definition of realistic approach
Day 20	Debate on international politics
Day 21	Features of realistic approach
Day 22	Demerits of realistic approach
Day 23	Relationship between realistic and idealist
Day 24	Difference between realistic and idealist
Day 25	Assignment of international relations
Day 26	Meaning and definition of system approach
Day 27	System approach of morton kaplan
Day 28	6 model of Morton Kaplan
Day 29	Critical evaluation of system approach
Day 30	Class test of Idea list system
Day 31	Features of decision making process
Day 32	Types of decision making process
Day 33	Techniques for decision making
Day 34	Theories of decision making
Day 35	Herbert Simon and decision making process
Day 36	Partial theory
Day 37	Snyder's decision-making framework
Day 38	Criticism of Snyder theory
Day 39	Joseph Frankel's decision making approach
Day 40	Class test of decision making
Day 41	Meaning and definition of communication theory
Day 42	Features of communication theory
Day 43	Operating structure in communication theory

Day 44	Information flows in communication theory
Day 45	Positive and negative feedback in communication theory
Day 46	What is game theory
Day 47	The basic focus is game theory
Day 48	Assumptions in Game Theory
Day 49	Factors of Game Theory
Day 50	Presentation of communication theory
Day 51	Game model
Day 52	Critical evaluation of game model
Day 53	Nature of cold war
Day 54	Causes of cold war
Day 55	Western Complaints against the East
Day 56	Eastern Complaints against the West
Day 57	End of cold war
Day 58	Post cold war
Day 59	Meaning and definition of Naam
Day 60	Presentation on game theory
Day 61	Features of NAM
Day 62	Basis of Nam
Day 63	Criticism of Nam
Day 64	Justification of Naam
Day 65	Relevance of Nam
Day 66	History of Nam
Day 67	Contemporary trends in Nam
Day 68	Meaning of national power
Day 69	Importance of national power
Day 70	Oral test of NAM
Day 71	Limitation of national power
Day 72	Balance of power
Day 73	Collective security
Day 74	International law
Day 75	Foreign policy
Day 76	National interest
Day 77	Diplomacy
Day 78	Declined and future of diplomacy
Day 79	Types of diplomacy
Day 80	Class test of Diplomacy
Day 81	Revision
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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**LESSON PLAN FOR THE SESSION 2022-23**

<b>Name of the professor: Dr. Madhurima Dubey</b>	
<b>Class And Section: M.A. 3rd Sem.</b>	
<b>Subject: Comparative Politics</b>	
Day 1	Introduction of the syllabus
Day 2	Evolution of comparative politics as a discipline
Day 3	Meaning and definition
Day 4	Nature and scope
Day 5	Distinction between comparative government and comparative politics
Day 6	Historical continuum
Day 7	Controversy regarding the scope of comparative politics
Day 8	Approaches to the study of comparative politics
Day 9	Traditional approach
Day 10	Characteristics of traditional approach
Day 11	Criticism of traditional approach
Day 12	Structural functional approach
Day 13	The characteristics of structural functional approach
Day 14	Views of Almond and Powell
Day 15	Variables of functional categories
Day 16	Utility of structural functional approach in comparative politics
Day 17	Criticism of structural functional approach
Day 18	Doubt and discussion
Day 19	Meaning of political system
Day 20	Basic feature of political system
Day 21	View of Robert A Dahl
Day 22	Utility of political system approach in the comparative politics study
Day 23	Views of David Easton regarding political system
Day 24	Characteristics of political system
Day 25	Test and assignment
Day 26	Marxist approach
Day 27	The necessity of political economy approach Marxist
Day 28	Basic assumptions of political economy approach
Day 29	Constitutionalism meaning and definition
Day 30	Nature and characteristics of the constitutionalism
Day 31	Scope of constitutionalism
Day 32	Fundamentals of constitutionalism
Day 33	Distinction between constitution and constitutionalism
Day 34	Test and assignment
Day 35	Different concept of constitutionalism
Day 36	Characteristics of Western constitutionalism
Day 37	Devices of the tradition of limited government
Day 38	Constitutionalism of the developing countries
Day 39	Problems of the developing country
Day 40	Main characteristics of constitutionalism of the developing countries
Day 41	Problem of modern constitutionalism
Day 42	Suggestion regarding the elimination of problem of constitutionalism
Day 43	Concept of power
Day 44	Characteristics of power
Day 45	Sources and kinds of power
Day 46	Different modes of power

Day 47	Test and assignment
Day 48	Concept of authority
Day 49	Definition and nature of authority
Day 50	Features and kinds of authority
Day 51	Basis and limits of authority
Day 52	Similarities between power and authority
Day 53	Difference between Power and authority
Day 54	Concept of legitimacy meaning and characteristics
Day 55	Kinds basis and sources of the legitimacy
Day 56	Crisis of legitimacy
Day 57	How legit mein she can be secured and maintained
Day 58	Forms of Government meaning and definition of unitary government
Day 59	Main features of unitary government
Day 60	Merits and demerits of unitary government
Day 61	Meaning and nature of federal government
Day 62	Characteristics and merits of federal government
Day 63	Demerits of federal government
Day 64	Requisites of essential condition for the formula of a federal government
Day 65	Comparison between unitary and federal government
Day 66	Test and assignment
Day 67	Parliamentary Government meaning definition and characteristics
Day 68	Merits and demerits of the parliamentary system
Day 69	Meaning and definition of presidential government
Day 70	Characteristics merits and demerits of the presidential system
Day 71	Comparative study of the presidential and parliamentary system
Day 72	Inter relationship in comparative perspective India USA UK and Switzerland
Day 73	Organ of government legislature
Day 74	Power and function of the legislature
Day 75	Executive meaning and kinds function of executives
Day 76	The birth prime minister and the American president and comparative study
Day 77	Judiciary importance and function of judiciary in modern era and judicial review
Day 78	Revision
Day 79	Revision
Day 80	Revision
Day 81	Revision
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Dr.Veenapani Singh</b>	
<b>Class And Section: B.A 3<sup>rd</sup> Sem</b>	
<b>Subject: SOCIOLOGY –Methods in Social Research</b>	
Day 1	Topic to be Covered
Day 2	General Introduction of syllabus
Day 3	Research – meaning and nature
Day 4	Social Science Research- Meaning and definition
Day 5	Nature of Social Research
Day 6	Objective of Social Research
Day 7	Utility of Social Research
Day 8	Types of Social Research
Day 9	Continue.....
Day 10	Steps of Social Research
Day 11	Scope of Social Research
Day 12	Subject matter of Social Research
Day 13	Cont.....
Day 14	Revision
Day 15	Cont.....
Day 16	TEST-Meaning and Steps of Social Research
Day 17	What is Objectivity?
Day 18	Meaning and Definition of Objectivity
Day 19	Problems in achieving objectivity
Day 20	Means for achieving objectivity
Day 21	Needs of objectivity
Day 22	Revision
Day 23	Subjectivity- Meaning and Nature
Day 24	Difference b/w Objectivity & Subjectivity
Day 25	Revision
Day 26	Revision – unit 1
Day 27	Cont.....
Day 28	Methods of Data Collection
Day 29	Observation- Meaning and Definition
Day 30	Types of Observation
Day 31	Cont.....
Day 32	Merits & Demerits of observation methods
Day 33	Test
Day 34	Interview Method-Meaning & Definition
Day 35	Types of Interview
Day 36	Cont.....
Day 37	Merits& Demerits of Interview
Day 38	Case Study Method- Meaning & Features
Day 39	Process of Case Study
Day 40	Cont.....
Day 41	Types of Case Study
Day 42	Merit & Demerits of Case Study
Day 43	Revision
Day 44	Content analysis –Meaning & Nature
Day 45	Importance of Content Analysis
Day 46	Steps in Content Analysis
Day 47	Process of Content Analysis
Day 48	Types of Content Analysis
Day 49	Merits &Demeritsof Content Analysis



Day 50	Social Survey- Meaning & Nature
Day 51	Objective , types & process of Social Survey
Day 52	Merits & Demerits of Social Survey
Day 53	Assingment- Sampling
Day 54	Research Design- Meaning & Features
Day 55	Types of Research Design
Day 56	Advantages of Research Design
Day 57	Hypothesis- Meaning & Nature
Day 58	Types& Sources of Hypothesis
Day 59	Importance & Limitation of Hypothesis
Day 60	Sampling- Meaning and Nature
Day 61	Purposes & Basis of Sampling
Day 62	Types of Sampling
Day 63	Cont.....
Day 64	Importance & Limitation of Sampling
Day 65	Data Processing
Day 66	Coding
Day 67	Classification-Meaning & Features
Day 68	Objective of Classification
Day 69	Basis of Classification
Day 70	Types of Classification
Day 71	Procedure of Classification
Day 72	Tabulation- Meaning & Definition
Day 73	Objectives of Tabulation
Day 74	Types of Tables
Day 75	Importance of Tabulation
Day 76	Limitation of Tabulation
Day 77	Uses of Statistics in Social Research
Day 78	Statistics- Meaning & Nature
Day 79	Importance of Statistics
Day 80	Limitation of Statistics in Social Science Research
Day 81	Measures of Central Tendency
Day 82	Mean- Meaning ,Nature, Merits & Demerits
Day 83	Median- Meaning ,Nature, Merits & Demerits
Day 84	Mode- Meaning ,Nature, Merits & Demerits
Day 85	Revision
Day 86	Use of Computer in Data Analysis
Day 87	Cont.....
Day 88	REVISION
Day 89	REVISION
Day 90	REVISION

K.L MEHTA DAYANAND COLLEGE FOR WOMEN,FARIDABAD  
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<b>Name of the Assistant/ Associate Professor : Dr.Veenapani Singh</b>	
<b>Class And Section: B.A 1<sup>st</sup> Sem</b>	
<b>Subject:Sociology(Basic Concept in Sociology)</b>	
Day 1	Topic to be Covered
Day 2	Introduction of syllabus
Day 3	What is Sociology –Meaning & Definition
Day 4	Nature of Sociology
Day 5	Scope of Sociology
Day 6	Synthetic School
Day 7	Formal School
Day 8	Revision
Day 9	Relationship b/w Sociology and Political Science& Economics
Day 10	Relationship b/w Sociology & psychology &Sociology& history
Day 11	Relationship b/w Sociology & anthropology
Day 12	Test
Day 13	Basic Concept inSociology- Society
Day 14	Society meaning & Nature& types of Society
Day 15	Community- Meaning & Nature& Elements
Day 16	Association-Meaning & Nature& Elements
Day 17	Difference b/w Society &Association,Society &Community, Community & Association
Day 18	Social Structure – Definition & Feature
Day 19	Elements of Social Structure
Day 20	Status & Role – Meaning & Nature
Day 21	Meaning & Nature of Role
Day 22	Types of Status & Role
Day 23	Importance of Role& Status
Day 24	Test
Day 25	Norms and value – Meaning & Nature
Day 26	Types & Importance of Norms
Day 27	Types & Importance of Values
Day 28	Social Groups- Meaning & Nature
Day 29	Cont.....
Day 30	Classification of Groups
Day 31	Cont.....
Day 32	Meaning & Nature of Primary groups
Day 33	Cont.....
Day 34	Importance of Primary groups
Day 35	Meaning & Nature of Secondary Groups
Day 36	Cont.....
Day 37	Importance of Secondary Groups
Day 38	Cont.....
Day 39	Difference b/w Primary &Secondary Groups
Day 40	Cont.....
Day 41	Reference Groups – Natures& importance
Day 42	Cont.....
Day 43	Revision
Day 44	Social Process - Meaning ,Nature
Day 45	Types of Social Process

Day 46	Co-operation- Meaning, nature
Day 47	Co-operation- types
Day 48	Importance of Co-operation
Day 49	Cont.....
Day 50	Meaning & Nature of Social Conflict
Day 51	Forms of Conflict
Day 52	Cont.....
Day 53	Causes & Effect of Conflict
Day 54	Difference b/w Co-operation & Conflict
Day 55	Integration- Meaning& Nature
Day 56	Cont.....
Day 57	Importance ofIntegration
Day 58	Assignment- Family Role and Major Changes
Day 59	Social Institution – Meaning & Types
Day 60	Cont.....
Day 61	Family- Meaning & Nature
Day 62	Cont.....
Day 63	Classification of Family
Day 64	Cont.....
Day 65	Functions of Family
Day 66	Factors of changes in Family System
Day 67	Changing Patterns of Family
Day 68	Marriage- Definition , Features & objectives
Day 69	Cont.....
Day 70	Types of Marriage
Day 71	Importance of Marriage
Day 72	Cont.....
Day 73	Changes in Marriage System
Day 74	Meaning & Nature of Kingship
Day 75	Function of Kingship System
Day 76	Changing Patterns of Kingship System
Day 77	Cont.....
Day 78	Religion – Meaning ,Nature
Day 79	Religion –Elements of Religion
Day 80	Merits of Religion
Day 81	Demerits of Religion
Day 82	Changes in Religion as an Institution
Day 83	Revision Unit 1
Day 84	Cont.....
Day 85	Revision Unit 2
Day 86	Cont.....
Day 87	Revision- unit 3
Day 88	Cont.....
Day 89	Revision Unit 4
Day 90	Cont.....

K.L MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD  
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<b>Name of the Assistant/ Associate Professor : Dr. Veenapani Singh</b>	
<b>Class And Section: M.A. Previous Political Science 1<sup>st</sup> semester</b>	
<b>Subject: Research Methodology-1</b>	
Day 1	General Introduction : Of Syllabus
Day 2	Science : Meaning and features
Day 3	Cont.....
Day 4	Scientific method : Meaning and nature
Day 5	Cont.....
Day 6	Basic assumptions of scientific method
Day 7	Steps of Scientific method
Day 8	Stages of Scientific methods
Day 9	Importance of scientific methods
Day 10	Limitations of scientific methods in social science
Day 11	Cont.....
Day 12	Revision
Day 13	Social science research : meaning of research
Day 14	Meaning and nature of social research
Day 15	Scope of Social Research
Day 16	Objective of Social Research
Day 17	Functions and utility of social research
Day 18	Motivating factors of Social research
Day 19	Steps of social research
Day 20	Cont.....
Day 21	Limitations of political science research
Day 22	Cont.....
Day 23	Revision
Day 24	Test- unit 1
Day 25	Types of social research
Day 26	Cont.....
Day 27	Cont.....
Day 28	Hypothesis : meaning and characteristics
Day 29	Sources of Hypothesis
Day 30	Functions of Hypothesis
Day 31	Types of Hypothesis
Day 32	Cont.....
Day 33	Characteristics of working Hypothesis
Day 34	Problems in Hypothesis formulation
Day 35	Importance and limitation of Hypothesis
Day 36	Revision
Day 37	Assignment- Types of Social Research
Day 38	Meaning and nature of theory
Day 39	Cont.....
Day 40	Types of theory
Day 41	Cont.....
Day 42	Role of theory in social research
Day 43	Relationship between facts and theory
Day 44	Cont.....
Day 45	Revision
Day 46	Formulation of research problem
Day 47	Cont.....
Day 48	Defining the research problem

Day 49	Characteristics of research problem
Day 50	Problem Identification Process
Day 51	General Principles of selection of problem
Day 52	Sources of problem
Day 53	Steps of problem formulation
Day 54	Cont.....
Day 55	Revision
Day 56	Research design : Meaning and nature
Day 57	Cont.....
Day 58	Objectives of Research design
Day 59	Content of Research design
Day 60	Steps of Research design
Day 61	Cont.....
Day 62	Types of Research design: General classification
Day 63	Cont.....
Day 64	Exploratory Research design: Meaning and nature
Day 65	Essentials of exploratory Research Design
Day 66	Objectives of exploratory Research design
Day 67	Cont.....
Day 68	Descriptive Research design: meaning and nature
Day 69	Steps of descriptive Research design
Day 70	Importance of Descriptive research design
Day 71	Cont.....
Day 72	Explanatory Research design: meaning and nature
Day 73	Steps in Explanatory Research design
Day 74	Objectives and Functions of Explanatory Research design
Day 75	Cont.....
Day 76	Difference between Explanatory & Exploratory Research design
Day 77	Difference b/w Explanatory & Descriptive Research design
Day 78	Difference between exploratory and descriptive Research design
Day 79	Cont.....
Day 80	Case study Research design : meaning , nature and Basic Assumptions
Day 81	Procedure and Types of case study
Day 82	Steps of preparing case study research design
Day 83	Utility of case study
Day 84	Cont.....
Day 85	REVISION
Day 86	Test
Day 87	Revision –UNIT 1
Day 88	Revision-UNIT 2
Day 89	Revision-UNIT 3
Day 90	Revision-UNIT 4

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<b>Name of the Assistant/ Associate Professor: Dr. Babita Sharma</b>	
<b>Class : B.A. 1st Sem</b>	
<b>Subject: English</b>	
Day 1	Orientation of the students
Day 2	Introduction of the syllabus
Day 3	Chapter 1: Introduction of speech sounds
Day 4	Discussion of organs of speech
Day 5	Discussion of Phonetic symbols
Day 6	Discussion of Vowel sounds, consonants
Day 7	Discussion of Diphthongs
Day 8	Exercise based on Monophthongs and Diphthongs
Day 9	Chapter 2: Choosing Our universe
Day 10	Reading and Explanation of the chapter
Day 11	Discussion of comprehension passage
Day 12	Discussion of short questions
Day 13	Discussion of long questions
Day 14	Discussion of extended grammar
Day 15	Chapter 3: Are dams the temples of Modern India?
Day 16	Reading and explanation of the comprehension passage
Day 17	Discussion of short questions
Day 18	Discussion of long questions
Day 19	Discussion of vocabulary exercise
Day 20	Discussion of extended grammar
Day 21	Test of chapter 1 & 2
Day 22	Introduction of Tenses(Present , Present Continuous, Present Perfect, Present Perfect Continuous)
Day 23	Introduction of tenses(Past, Past Continuous, Past Perfect, Past Perfect Continuous)
Day 24	Introduction of Tenses(Future, Future Continuous, Future Perfect, Future Perfect Continuous)
Day 25	Exercise based on Tenses
Day 26	Test of Tenses
Day 27	Chapter4: The Generation Gap
Day 28	Reading and explanation of comprehension passages
Day 29	Discussion of short questions
Day 30	Discussion of long questions
Day 31	Discussion of vocabulary exercise
Day 32	Discussion of extended grammar
Day 33	Chapter 5: Wounded Plants
Day 34	Reading and explanation of comprehension passage
Day 35	Discussion of short questions
Day 36	Discussion of long questions
Day 37	Discussion of vocabulary exercise
Day 38	Discussion of extended grammar
Day 39	Introduction to Parts of Speech(Noun)
Day 40	Types of noun(proper, common, collective, abstract noun)
Day 41	Exercise based on Noun and its kinds
Day 42	Chapter 5: Wounded Plants
Day 43	Reading and explanation of comprehension passage
Day 44	Discussion of short questions
Day 45	Discussion of long question
Day 46	Discussion of vocabulary exercise

Day 47	Discussion of extended grammar
Day 48	Parts of Speech: Adjectives(Types and Uses of Adjectives)
Day 49	Chapter 6: Language and National Identity
Day 50	Reading and explanation of comprehension passage
Day 51	Discussion of short questions
Day 52	Discussion of long questions
Day 53	Discussion of Vocabulary exercise and extended grammar
Day 54	Conjunctions and it's uses
Day 55	Exercise based on Adjectives and Conjunctions
Day 56	Chapter 7: playing the English Gentleman
Day 57	Reading and explanation of comprehension passage
Day 58	Discussion of short questions
Day 59	Discussion of long questions
Day 60	Discussion of extended grammar and vocabulary exercise
Day 61	Introduction of pronouns and verbs
Day 62	Exercise based on pronoun and verb
Day 63	Introduction of Preposition
Day 64	Exercise based on preposition
Day 65	Chapter 8: Great Books are born out of great minds
Day 66	Reading and explanation of comprehension passage
Day 67	Discussion of short and long questions
Day 68	Discussion of vocabulary and extended grammar
Day 69	Introduction of adverb
Day 70	Types and uses of adverb
Day 71	Exercise based on adverb
Day 72	Chapter 9: The Responsibilities of Young Man
Day 73	Reading and explanation of comprehension passage
Day 74	Discussion of short and long questions
Day 75	Discussion of vocabulary and extended grammar
Day 76	Introduction of Articles and its uses
Day 77	Exercise based on articles
Day 78	Test of chapter 6 & 7
Day 79	Chapter 10: Bharat Mata
Day 80	Reading and Explanation of comprehension Passage
Day 81	Discussion of long and short questions
Day 82	Discussion of vocabulary and extended grammar
Day 83	Practice of Tenses
Day 84	Practice of Parts of Speech
Day 85	Discussion of Chapter 7, 8 and 9
Day 86	Practice of transcription
Day 87	Practice of articles
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Dr. Babita Sharma</b> <b>Class And Section: B.A 5<sup>th</sup> Sem</b> <b>Subject: English</b>	
Day 1	Introduction to syllabus and scheme of examination.
Day 2	Introduction about the novel.
Day 3	Introduction of the text prescribed Kanthapura by Raja Roy.
Day 4	Chapter 1 of text developing short story on the basis of the given outlines.
Day 5	Explain how to write a story both direct and indirect form of narration.
Day 6	Chapter 2 Explain from the text Kanthapura short questions discussed base on character.
Day 7	Chapter 3 Explain from the text Kanthapura short questions discussed base on character.
Day 8	Introduction of sentences.
Day 9	Introduction of clauses.
Day 10	Practice of sentences
Day 11	Practice of clauses
Day 12	Discussion of moorthy character.
Day 13	Chapter 4 Explain from the text Kanthapura short questions discussed base on character.
Day 14	Chapter 5 Explain from the text Kanthapura short questions discussed base on character.
Day 15	Chapter 6 Explain from the text Kanthapura short questions discussed base on character.
Day 16	Discuss the question of chapter 4.
Day 17	Discuss the question of chapter 5.
Day 18	Discuss the question of chapter 6.
Day 19	Explain types of sentences.
Day 20	Long questions based on chapter 1-6
Day 21	Conversion of sentences
Day 22	Introduction of complex sentences
Day 23	Doubt session.
Day 24	Discussion of chapter 7.
Day 25	Discussion of chapter 8.
Day 26	Discussion of chapter 9.
Day 27	Discuss short questions based on chapter 7.
Day 28	Discuss short questions based on chapter 8.
Day 29	Discuss short questions based on chapter 9.
Day 30	Introduction of precis writing



Day 31	Practice of precis writing
Day 32	Practice of short story writing
Day 33	Discussion of chapter 10.
Day 34	Discussion of chapter 10.
Day 35	Discussion of chapter 11.
Day 36	Discussion of chapter 11.
Day 37	Discussion of chapter 12.
Day 38	Discussion of chapter 12.
Day 39	Short questions discussed based on chapter 10.
Day 40	Short questions discussed based on chapter 11.
Day 41	Short questions discussed based on chapter 12.
Day 42	Language narrative style and literary merit of Kanthapura discussed.
Day 43	Doubt clearing session.
Day 44	Class test.
Day 45	Practice of complex sentences.
Day 46	Practice of complex sentences.
Day 47	Practice of compound sentences.
Day 48	Practice of compound sentences.
Day 49	Practice of literary terms.
Day 50	Practice of literary terms.
Day 51	Explanation of chapter 13.
Day 52	Explanation of chapter 13.
Day 53	Explanation of chapter 14.
Day 54	Explanation of chapter 14.
Day 55	Short questions discussed based on chapter 13.
Day 56	Short questions discussed based on chapter 14.
Day 57	Short questions discussed based on chapter 15.
Day 58	Discuss short questions related to chapter 13.
Day 59	Discuss short questions related to chapter 14.
Day 60	Discuss short questions related to chapter 15.
Day 61	Doubt clearing session.
Day 62	Discussion of the role and status of female characters of Kanthapura.
Day 63	Revision of the short questions.

Day 64	Textual passages for comprehension from the chapter.
Day 65	Discuss the question Kanthapura as a novel of Indian freedom movement.
Day 66	Discuss the clauses defining and non defining.
Day 67	Discuss what type of life villagers get in the village Kanthapura.
Day 68	Discuss the chapter 17.
Day 69	Discuss the chapter 17.
Day 70	Discuss the chapter 18.
Day 71	Discuss the chapter 18.
Day 72	Discuss the short questions based on chapter 17.
Day 73	Discuss the short questions based on chapter 18.
Day 74	Revision of the short questions.
Day 75	Revision of the short questions.
Day 76	Class test.
Day 77	Discuss the long question Kanthapura revolves around the myth of Ram, Sita and Ravan
Day 78	Practice of comprehension.
Day 79	Practice for one word substitution.
Day 80	Oral test of short questions from Kanthapura,
Day 81	Practice of conditional clauses.
Day 82	Composition developing hints into a paragraph and a story.
Day 83	Mock test.
Day 84	Practice for story and precis writing.
Day 85	Practice of complex and compound sentences.
Day 86	Practice of literary terms.
Day 87	Discussion of long questions.
Day 88	Story development with the help of hints.
Day 89	Conclude the whole syllabus.
Day 90	Discuss with the students how to attempt question paper in the final exam.

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<b>Name of the Assistant/ Associate Professor : Dr. Babita Singh</b>	
<b>Class And Section: BA 5<sup>th</sup> Sem</b>	
<b>Subject: Political Science Comparative Politics</b>	
Day 1	Orientation
Day 2	Chapter 1 comparative politics definition and scope
Day 3	Introduction meaning and definition of chapter 1
Day 4	Characteristics point 1 to 5
Day 5	Characteristics point 6 to 11
Day 6	Conclusion
Day 7	Scope 1 to 6
Day 8	Scope point 7 to 13
Day 9	Conclusion
Day 10	Discussion and problems
Day 11	Difference between comparative government and politics
Day 12	Difference between comparative government and politics
Day 13	Utility point 1 to 5
Day 14	Utility point 6 to 10
Day 15	Conclusion
Day 16	Discussion and problems
Day 17	Chapter 2 comparative politics traditional and modern concerns introduction and background
Day 18	Traditional approach
Day 19	Introduction
Day 20	Meaning and definition
Day 21	Features 1 to 5
Day 22	Features point 6 to 10
Day 23	Criticism point 1 to 5
Day 24	Criticism.6 to 10
Day 25	Importance
Day 26	Conclusion and revision
Day 27	Modern approach introduction
Day 28	Meaning and definition
Day 29	Features point 1 to 6
Day 30	Features.7 to 12
Day 31	Criticism
Day 32	Importance
Day 33	Difficulties
Day 34	Conclusion
Day 35	Discussion and problems
Day 36	Chapter 4 comparative method
Day 37	Introduction
Day 38	Meaning and definition
Day 39	Features
Day 40	Scope
Day 41	Importance
Day 42	Difficulties
Day 43	Conclusion and problems
Day 44	Chapter 6 constitution meaning and types
Day 45	Introduction
Day 46	Meaning and definition
Day 47	Types
Day 48	Merits and demerits of flexible constitution

Day 49	Merits and demerits of flexible constitution
Day 50	Merits and demerits of Rigid constitution
Day 51	Merits and demerits of written constitution
Day 52	Merits and demerits of written constitution
Day 53	Merits and demerits of unwritten constitution
Day 54	Merits and demerits of unwritten constitution
Day 55	Conclusion
Day 56	Discussion and problems
Day 57	Chapter 7 constitutionalism
Day 58	Introduction meaning and definition
Day 59	Basis and elements
Day 60	Features
Day 61	Origin and development
Day 62	Concept western
Day 63	Concept communist
Day 64	Concept developing countries
Day 65	Conclusion and decision
Day 66	Chapter 5 approaches to study of comparative politics
Day 67	Input output theory
Day 68	Introduction and meaning
Day 69	Features
Day 70	Criticism
Day 71	Importance
Day 72	Conclusion and discussion
Day 73	Political development
Day 74	Introduction and meaning
Day 75	Various concepts
Day 76	Features of Lucyan pie
Day 77	Almonds features
Day 78	Criticism and problems
Day 79	Political culture introduction definition and elements
Day 80	Features
Day 81	Types and importance
Day 82	Secularisation conclusion discussion and problems
Day 83	Executive introduction meaning and kinds
Day 84	Function conclusion problems and discussion
Day 85	Chapter 9 legislature introduction types and functions Bicameral legislature demerits merits and conclusion
Day 86	Chapter 10 political parties introduction definition features
Day 87	Functions merit demerit classification One party system merits and demerits Bi party system merits and demerits Multi party system merits and demerits
Day 88	Opposition and democracy Chapter 12 pressure groups introduction types and features
Day 89	Functions methods merits and demerits Difference between political parties and pressure groups
Day 90	Course revision and difficulties

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<b>Name of the Assistant/ Associate Professor : Dr. Babita Singh</b>	
<b>Class And Section: M.A. 3<sup>rd</sup> Sem</b>	
<b>Subject: Contemporary Political Thought and Theory-I</b>	
Day 1	Orientation
Day 2	Introduction of the syllabus
Day 3	Lenin life sketch
Day 4	Theory of capitalist
Day 5	Features of the theory of capitalist imperialism
Day 6	Criticism of theory of capitalist imperialism
Day 7	Theory of revolution
Day 8	Inevitability of revolution
Day 9	Strategy of inevitability
Day 10	Importance of the organised party of professional revolutionaries
Day 11	Lenin theory of party
Day 12	Importance of theory of party
Day 13	Criticism of theory of party
Day 14	Modification of Marxism
Day 15	An evaluation of Lenin
Day 16	MAO TSE TUNG life sketch
Day 17	Political ideas of Mao or revision in Marxism leninism
Day 18	Maos culture revolution
Day 19	Causes for cultural revolution
Day 20	Feature of cultural revolution
Day 21	Consequences of cultural revolution
Day 22	MN Roy life sketch
Day 23	Political ideas of MN Roy
Day 24	Evaluation
Day 25	MN Roy theory of radical humanism
Day 26	Assumption of new humanism
Day 27	Criticism of new humanism
Day 28	MN Roy view of democracy
Day 29	Meaning of radical democracy
Day 30	Features of radical democracy
Day 31	MN Roy's view regarding Marxism
Day 32	Gramsci life sketch
Day 33	Criticism of political ideas of Gandhi
Day 34	Views on Gandhian non violence
Day 35	Criticism of non violence
Day 36	Views on Gandhian Satyagraha
Day 37	Meaning of element of Satyagraha
Day 38	Qualities of Satyagraha
Day 39	Rules of Satyagraha
Day 40	Techniques of Satyagraha
Day 41	Gandhi's view on state
Day 42	Criticism on state
Day 43	Gandhi view on the relation between religion and politics
Day 44	Gandhi view on the relation between religion and politics
Day 45	Gandhi view on the relation between ends and means
Day 46	Theory of truth or violence
Day 47	Political idea of Jai Prakash Narayan
Day 48	Political ideas of Jai Prakash Narayan

Day 49	Views on Jai Prakash Narayan regarding total relation
Day 50	Meaning and objective of total relation
Day 51	Constituents of total revolution
Day 52	Means of total revolution
Day 53	Criticism of total revolution
Day 54	Jaiprakash Narayan theory of party less democracy
Day 55	Partyless democracy
Day 56	Criticism of party less democracy
Day 57	Jaiprakash view on democracy
Day 58	Aurobind Ghosh life sketch
Day 59	Criticism of spiritual nationalism
Day 60	Criticism of spiritual nationalism
Day 61	Arvind Ghosh concept of passive resistance
Day 62	Meaning and method of passive resistance
Day 63	Meaning and method of passive resistance
Day 64	Criticism of passive resistance
Day 65	Criticism of passive resistance
Day 66	Criticism of passive resistance
Day 67	Dr Ambedkar life sketch
Day 68	Dr Ambedkar life sketch
Day 69	Views on social justice and social improvement
Day 70	Views on social justice and social improvement
Day 71	Views on social justice and social improvement
Day 72	Views on against caste system
Day 73	Views on against caste system
Day 74	Views on against caste system
Day 75	Revision
Day 76	Revision
Day 77	Revision
Day 78	Revision
Day 79	Revision
Day 80	Revision
Day 81	Revision
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Dr.Babita Singh</b>	
<b>Class And Section: M.A. 3rd sem.</b>	
<b>Subject: International Law</b>	
Day 1	Orientation
Day 2	Introduction of Syllabus
Day 3	Definition, nature of international law
Day 4	Important elements of international law
Day 5	Argument against international law
Day 6	Argument in favour of international law
Day 7	Basis of international law
Day 8	Sources of international law
Day 9	Introduction and meaning of international law
Day 10	Classification of sources
Day 11	Organ and development of international law
Day 12	International law in ancient era
Day 13	International law in medieval period
Day 14	International development from the religious reform movement to modern period
Day 15	Contribution of groitius
Day 16	Relationship between international law and municipal law
Day 17	Difference between international law and municipal law
Day 18	Introduction and meaning of corification
Day 19	Definition of corification
Day 20	Advantages of corification
Day 21	Disadvantages of corification
Day 22	Difficulties of corification
Day 23	New dimensions of international law
Day 24	New dimensions of international law
Day 25	Introduction of state territory
Day 26	Expectations to territorial intergrity
Day 27	Different part of state territory
Day 28	Different types of territory
Day 29	Introduction mode of acquiring and losing territory
Day 30	Modes of acquiring
Day 31	Modes of losing
Day 32	Basis of state jurisdiction
Day 33	Limitations of state jurisdiction in various areas
Day 34	Jurisdiction over foreign state and their heads
Day 35	Introduction of territorial sea
Day 36	Conventions of unite state on territorial state
Day 37	Major provisions of 1982
Day 38	Territorial air space
Day 39	Outer space
Day 40	Outer space treaty
Day 41	Sufficient treaty
Day 42	Important event for the development of international method
Day 43	Delimination of boundaries
Day 44	Rivers
Day 45	Canals
Day 46	Determination of land boundaries
Day 47	State boundaries
Day 48	Different parts of state territory
Day 49	Protection of individual

Day 50	Nationality
Day 51	Importance of nationality in international law
Day 52	Modes of acquiring nationality
Day 53	Modes of losing nationality
Day 54	Group statelessness
Day 55	Condition of statelessness people
Day 56	Conventional to reduce non nationality
Day 57	Double nationality
Day 58	Meaning and introduction of double nationality
Day 59	Measures to overcome many conflicts under international
Day 60	Treatment of aliens
Day 61	Foreigners entry
Day 62	Condition of foreigners entry
Day 63	Right and duties of foreigners
Day 64	Explain of foreigners
Day 65	Explanation of large number of foreigners
Day 66	To established ownership over the property of foreigners
Day 67	Extradition
Day 68	Introduction of extradition
Day 69	Meaning of extradition
Day 70	Necessity of extradition
Day 71	Development of extradition
Day 72	Development of extradition
Day 73	Treatise of extradition
Day 74	Asylum
Day 75	Introduction of asylum
Day 76	Necessary aspects of asylum
Day 77	Diplomatic immunities and privileges
Day 78	Diplomatic immunity and privileges
Day 79	Human rights
Day 80	Human rights
Day 81	Human rights
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision



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<b>Name of the Assistant/ Associate Professor : Dr. Babita Singh</b>	
<b>Class And Section: M.A. 1<sup>st</sup> Sem</b>	
<b>Subject: Western Political Thought</b>	
Day 1	Orientation of syllabus
Day 2	Introduction of Syllabus
Day 3	Life history of plato
Day 4	Origin of ideal state
Day 5	Feature of ideal state
Day 6	Criticism of ideal state
Day 7	Importance of ideal state
Day 8	Plato's theory of justice
Day 9	Meaning and various theories of justice
Day 10	Features of theory of justice and criticism of theory of justice
Day 11	Importance of theory of justice
Day 12	Plato theory of education
Day 13	Importance of theory of education
Day 14	Outline of platonic of theory of education
Day 15	Primary education and higher education
Day 16	Feature of theory of education
Day 17	Criticism of theory of education
Day 18	Plato's theory of communism
Day 19	Argument in favour of the communism of the property
Day 20	Criticism of plato's communism of property
Day 21	Communism of wives
Day 22	Criticism of communication of wives
Day 23	Comparative study of platonic theory of communism with that of modern communism
Day 24	Life history of Aristotle
Day 25	Aristotle theory of the state
Day 26	Evolution and origin of the state
Day 27	Nature of the state evolution feature of the state
Day 28	Future of state
Day 29	Functions and aims of state
Day 30	Aristotle theory of slavery
Day 31	Meaning and nature of slavery
Day 32	Justification of slavery
Day 33	Kinds of slavery
Day 34	Criticism of theory of slavery
Day 35	Aristotle view on property
Day 36	Meaning and feature of property
Day 37	Aristotle theory of revolution
Day 38	Meaning and kinds of revolution
Day 39	Cause of revolution
Day 40	General cause of revolution
Day 41	Particular cause of revolution
Day 42	Cause of revolution in different kinds of state
Day 43	Meaning of awarding sedition in particular States
Day 44	Aristotle the father of political science Saint Augustine life history
Day 45	Principal political ideas or Saint Augustine
Day 46	Theory of two cities
Day 47	Views about the state
Day 48	Views on the state and church

Day 49	Views about slavery and property
Day 50	Criticism of Augustine political thinking
Day 51	Saint Thomas aquinas life history
Day 52	Political thinking of Saint Thomas aquinas
Day 53	Function of government
Day 54	Views on property and the slavery
Day 55	Views on law
Day 56	Views on state and church
Day 57	Classification of law
Day 58	Classification of law
Day 59	Thomas aquinas Aristotle of middle age
Day 60	Life history of Machiavelli
Day 61	Machiavelli as child of his time
Day 62	Political idea of Machiavelli
Day 63	Seperation of politics from religion and mordity
Day 64	Machiavelli views on state
Day 65	Machiavelli: father of modern political thought
Day 66	Hobbes : life history
Day 67	Human nature
Day 68	State of nature
Day 69	Social contract of theory
Day 70	Social contact of theory
Day 71	Theory of sovereignty
Day 72	Theory of sovereignty
Day 73	Individulaism and absolutism on hobbes political thought
Day 74	Individulaism and absolutism on hobbes political thought
Day 75	Revision
Day 76	Revision
Day 77	Revision
Day 78	Revision
Day 79	Revision
Day 80	Revision
Day 81	Revision
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant/ Associate Professor: Dr. Rajshree</b>	
<b>Class And Section: BA 3<sup>rd</sup> Sem</b>	
<b>Subject: Political Science</b>	
Day 1	Meaning and definition of political science Ch-1
Day 2	traditional definition of political science
Day 3	modern definition of political science
Day 4	problem of nomenclature
Day 5	nature of political science
Day 6	importance and utility of political science
Day 7	political science and history Ch-2
Day 8	political science and economics
Day 9	Political Science and ethics
Day 10	Political Science and sociology
Day 11	Political Science and psychology
Day 12	need of the state CH-3
Day 13	elements or attributes of the state
Day 14	some other elements or attributes of the states
Day 15	distinction between state and Society
Day 16	distinction between state and government
Day 17	state and Nation
Day 18	Four principle of origin of state theory Ch-4
Day 19	Speculative theory
Day 20	Features of divine origin theory
Day 21	criticism of divine origin theory
Day 22	half actual theory
Day 23	patriarchal theory
Day 24	matriarchal theory
Day 25	social Contract theory
Day 26	Social contract by Hobbes
Day 27	criticism of Hobbes theory
Day 28	social contract by lockes
Day 29	Criticism of Locke theory
Day 30	social contract by Rousseau
Day 31	criticism of Rousseau theory
Day 32	comparative study between Hobbes Locke and Rousseau
Day 33	developmental and evolution theory
Day 34	Developmental theory according to makaiver
Day 35	class test of political science relations with other social sciences
Day 36	Marxist theory of the origin of the state
Day 37	views of Karl Marx on state
Day 38	evolution or development of the state according to Marx
Day 39	criticism of Marx theory
Day 40	a project work on comparative study on
Day 41	liberal individualist perspective of state Ch-5
Day 42	views of Adam Smith
Day 43	views of John locke's
Day 44	views of Bentham
Day 45	views of Herbert Spencer
Day 46	views of laski
Day 47	Views of John mill
Day 48	features of the liberal perspective of state
Day 49	Criticism of liberal perspective of state

Day 50	Marxist perspective of the state
Day 51	Criticism of marxian concept of state
Day 52	Liberal theory regarding the functions of the state [ch-6]
Day 53	Views of traditional classical liberal list regarding the functions of the state
Day 54	Functions of state according to classical liberalism
Day 55	Contemporary liberal theory
Day 56	Socialist interpretation
Day 57	main features of principles of socialism
Day 58	Functions of the state according to Marxist theory
Day 59	Criticism of Marxism theory
Day 60	Difference between Marxist theory and liberal theory
Day 61	class test of liberal theory.
Day 62	Causes of the Rise of the concept of welfare state .[ch-7]
Day 63	Features of the welfare state
Day 64	Objective of welfare state
Day 65	functions of the welfare state.
Day 66	Criticism of the theory of welfare state.
Day 67	Criticism of the theory of welfare state.
Day 68	Functions which state should not perform .
Day 69	State as an instrument of social change
Day 70	state as an instrument of economic change.
Day 71	role of state as an instrument of social and economic change in India.
Day 72	meaning of sovereignty. Ch-8
Day 73	history of the theory of sovereignty.
Day 74	class presentation on the topic of the marxist and liberal theory.
Day 75	characteristics or attributes of sovereignty.
Day 76	class test of marxist theory of origin of state.
Day 77	Different kinds of sovereignty
Day 78	monistic theory of sovereignty
Day 79	limitations of legal sovereignty
Day 80	class test of welfare state.
Day 81	location of sovereignty
Day 82	pluralism
Day 83	criticism of pluralism
Day 84	revision
Day 85	revision
Day 86	revision
Day 87	revision
Day 88	revision
Day 89	revision
Day 90	revision

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<b>Name of the Assistant/ Associate Professor: Dr. Rajshree</b>	
<b>Class And Section: BA 1<sup>st</sup> Sem</b>	
<b>Subject: Political Science</b>	
Day 1	Formation of constituent assembly CH-1
Day 2	some important features of the Indian Constitution assembly
Day 3	framing of Indian Constitution
Day 4	seminal sources of Indian Constitution CH-2
Day 5	developing sources of Indian Constitution
Day 6	main features of the Preamble to the Indian Constitution CH-3
Day 7	importance of the Preamble
Day 8	main features of the Indian Constitution Ch-4
Day 9	Fundamental Rights in Indian Constitution Ch-5
Day 10	features of fundamental rights
Day 11	guarantees provided in the Indian Constitution for the protection of rights
Day 12	criticism of fundamental rights
Day 13	importance of fundamental rights
Day 14	necessity of inclusion of duties in the constitution Ch-6
Day 15	fundamental duties in Indian Constitution
Day 16	criticism of fundamental duties
Day 17	importance of fundamental duties
Day 18	interrelationship of fundamental rights and fundamental duties
Day 19	purpose of the directive principles Ch-7
Day 20	Class test of Fundamental Rights and features of Constituion
Day 21	classification of the directive principles
Day 22	evaluation of the directive principles
Day 23	importance of Directive Principles of State Policy
Day 24	how far the Directive Principles have been implemented
Day 25	relationship between the fundamental rights and the directive principles
Day 26	distinction between the fundamental rights and Directive principles
Day 27	General provisions concerning the office of the President Ch-8
Day 28	president election
Day 29	criticism of election procedure of president
Day 30	role of president
Day 31	financial powers or role in financial sphere
Day 32	emergency powers of the president
Day 33	evaluation of emergency powers
Day 34	justification of emergency powers
Day 35	changing role of president
Day 36	vice president of India
Day 37	Main features of the cabinet system in India Ch-9
Day 38	Council of Ministers
Day 39	composition of the Council of Ministers
Day 40	Class presentation on the topic of president and PM
Day 41	difference between the Council of Ministers and cabinet
Day 42	role of the cabinet
Day 43	powers of Prime Minister
Day 44	position of prime minister
Day 45	changing role of prime minister
Day 46	Can Prime Minister became Dictator?
Day 47	regarding appointment of governor Ch-10
Day 48	powers and functions of the governor
Day 49	discretionary powers of governor

Day 50	changing role of governor
Day 51	formation of the Council of Ministers Ch-11
Day 52	functions of the Council of Ministers
Day 53	powers and functions of the chief minister
Day 54	position of the chief minister
Day 55	features of parliament Ch-12
Day 56	election of the members of Lok Sabha
Day 57	powers and function of the Lok Sabha
Day 58	speaker of Lok Sabha
Day 59	changing role of speaker
Day 60	Class test of functions of parliament
Day 61	Council of States
Day 62	powers and functions of Rajya Sabha
Day 63	mutual relationship between the Lok Sabha and the Rajya Sabha
Day 64	role of parliament
Day 65	evaluation of the working of Indian parliament
Day 66	how does an ordinary bill become an act in the Indian Parliament CH-13
Day 67	how is the money Bill passed
Day 68	the process of amending the Indian Constitution Ch-14
Day 69	some important facts regarding Constitutional Amendment procedure
Day 70	criticism of the amending process of the Indian Constitution
Day 71	Legislative Assembly Ch-15
Day 72	election of the members of Vidhan Sabha
Day 73	powers and functions of The Vidhan Sabha
Day 74	Legislative Council
Day 75	powers and functions of the Legislative Council
Day 76	relations between the legislative assembly and legislative council
Day 77	Main provisions of 73rd constitutional amendment Ch-16
Day 78	new Panchayati Raj system in States
Day 79	state election commission
Day 80	Assignment of Legislative assembly and legislative council
Day 81	Supreme Court Ch-17
Day 82	powers and functions of Supreme Court
Day 83	Judicial review
Day 84	meaning of judicial activism
Day 85	High Court
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant Professor: Dr. Rajshree</b>	
<b>Class And Section: MA 3<sup>rd</sup> Sem</b>	
<b>Subject: Political Science</b>	
Day 1	Meaning and definition of diplomacy [Ch-1]
Day 2	Origin and nature of diplomacy
Day 3	objective of diplomacy
Day 4	function of diplomacy
Day 5	importance of diplomacy
Day 6	Class test of nature of diplomacy
Day 7	decline of diplomacy [Ch-2]
Day 8	future of diplomacy
Day 9	meaning and definition of foreign policy [Ch-3]
Day 10	the elements of foreign policy
Day 11	relationship between foreign policy and diplomacy
Day 12	differences between foreign policy and diplomacy
Day 13	evolution of diplomatic practice [Ch-4]
Day 14	diplomacy of Greece
Day 15	class test of functions of diplomacy
Day 16	functions of Greek diplomat
Day 17	defects of Greek diplomacy
Day 18	diplomacy of Rome
Day 19	Demerits of diplomacy of Rome
Day 20	merits of diplomacy of Rome
Day 21	diplomacy of Italy
Day 22	contribution of machiavelli
Day 23	contribution of Italian diplomacy
Day 24	diplomacy of France
Day 25	assignment of foreign policy and diplomacy
Day 26	Grotius on diplomacy
Day 27	Richelieu On diplomacy
Day 28	contribution of French diplomacy
Day 29	diplomacy of India
Day 30	evolution of diplomacy of India
Day 31	theories of Kautilya
Day 32	presentation of secret and open diplomacy
Day 33	Mandal theory
Day 34	examination of theories
Day 35	theory of balance of power
Day 36	morality and politics
Day 37	the means of Indian diplomacy
Day 38	old and secret diplomacy [ch-5]
Day 39	merits of old and secret diplomacy
Day 40	class test of Ideal diplomat
Day 41	demerits of old and secret diplomacy
Day 42	new and open diplomacy
Day 43	merits of new and open diplomacy

Day 44	demerits of new and open diplomacy
Day 45	difference between old and new diplomacy
Day 46	Reason from emergence of new diplomacy
Day 47	meaning and definition of diplomatic agents [Ch-6]
Day 48	group discussion of Foreign ministry of India
Day 49	types of diplomatic agents
Day 50	functions of diplomatic agents
Day 51	Basis of diplomatic immunities [Ch-7]
Day 52	theory of extraterritoriality
Day 53	representational theory
Day 54	immunity and privileges of diplomatic agents
Day 55	The diplomatic body [Ch-8]
Day 56	class test of diplomatic language
Day 57	Accreditation of a diplomat
Day 58	agreement
Day 59	letter of credence and full powers
Day 60	principle of precedence
Day 61	meaning and definition of ideal diplomat [Ch-9]
Day 62	Features of Ideal diplomat
Day 63	advice of KM Penniker
Day 64	advice of Imam Sabri
Day 65	oral test of old and new diplomacy
Day 66	Meaning of diplomatic language [ch-10]
Day 67	diplomatic phrases
Day 68	Organization of the ministry of external affairs in USA [Ch-11]
Day 69	evaluation of the ministry of external affairs in USA
Day 70	organization of the Indian ministry of external affairs [Ch-12]
Day 71	organization of the Indian ministry
Day 72	propaganda meaning and definition [Ch-13]
Day 73	diplomacy and propaganda
Day 74	propaganda and diplomacy
Day 75	class test of decline and future of diplomacy
Day 76	methods and instrument of diplomacy propaganda
Day 77	methods and techniques of propaganda
Day 78	the requisites for effective propaganda
Day 79	the instrument of propaganda
Day 80	Diplomacy during war
Day 81	diplomacy during peace
Day 82	diplomatic inter course
Day 83	Corpse diplomatic
Day 84	revision
Day 85	revision
Day 86	revision
Day 87	revision
Day 88	revision
Day 89	revision
Day 90	revision



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<b>Name of the professor: Dr. Rajshree</b>	
<b>Class And Section: M.A. Previous Sem- 1</b>	
<b>Subject: Political Science</b>	
Day 1	Meaning of public administration [Ch-1]
Day 2	Scope of public administration
Day 3	Elements of public administration
Day 4	Meaning of private administration [Ch-2]
Day 5	Class test of scope of public administration
Day 6	Features of private administration
Day 7	Difference between Public Administration and private administration
Day 8	Evolution of public administration [ ancient time] [Ch-3]
Day 9	Evolution of public administration [modern time]
Day 10	Class test Of differentiate between Public Administration and private administration
Day 11	First stage of public administration
Day 12	Second stage of public administration
Day 13	Third stage of public administration
Day 14	Fourth Stage of public administration
Day 15	Class presentation of chapter 1
Day 16	Features of New Public Administration
Day 17	Evolution of public administration in many countries
Day 18	Objective of New Public Administration [Ch-4]
Day 19	Meaning of developed administration [Ch-5]
Day 20	Debate on evolution of public administration
Day 21	Features of development administration
Day 22	Development Administration and public administration
Day 23	Approaches to the public administration [Ch-6]
Day 24	Decision making approach
Day 25	Oral test of developed administrations
Day 26	Logical approach
Day 27	System approach
Day 28	Recruitment of civil servants
Day 29	Recruitment process in India
Day 30	Class test of training of employees
Day 31	Problems of recruitment
Day 32	An ideal method of recruitment
Day 33	Need and objective of training [Ch-7]
Day 34	Training methods
Day 35	Presentation on chapter 1 4th unit
Day 36	Kinds and types of training
Day 37	Problem of training
Day 38	Training system in many countries
Day 39	Many training of Administrative services in India
Day 40	Debate on training system
Day 41	Training institutions in India
Day 42	Criticism and suggestions of the training system in India
Day 43	Principles of organizations

Day 44	Theories of organization
Day 45	Class test of New Public Administration
Day 46	Centralisation
Day 47	Decentralization
Day 48	Delegation
Day 49	Coordination
Day 50	Assignment of decision making approach
Day 51	Line and staff agency
Day 52	Types of organization
Day 53	Formal organization
Day 54	Informal organization
Day 55	Assignment of principle of organization
Day 56	Forms of organization
Day 57	Department
Day 58	Public corporation
Day 59	Public board
Day 60	Chief executive
Day 61	Type Of chief executive
Day 62	Functions of chief executive
Day 63	Role of chief executive
Day 64	Need for organization and its significance
Day 65	Class test of types of organization
Day 66	Characteristics of an organization
Day 67	Advantages of formal organization
Day 68	Disadvantage of formal organization
Day 69	Basis of organization
Day 70	Difference between formal and informal Organization
Day 71	Basic technical problems of organization
Day 72	Scalar system
Day 73	Merits of scalar system
Day 74	Unity of command
Day 75	Span of control
Day 76	Integral versus independent system
Day 77	Staff agencies in India
Day 78	Staff agency in Britain
Day 79	Staff agencies in the USA
Day 80	Presentation on forms of organization
Day 81	Revision
Day 82	Revision
Day 83	Revision
Day 84	Revision
Day 85	Revision
Day 86	Revision
Day 87	Revision
Day 88	Revision
Day 89	Revision
Day 90	Revision

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<b>Name of the Assistant Professor:Ms. Sangeeta Adlakha</b>	
<b>Class And Section:BA 1<sup>st</sup> Sem</b>	
<b>Subject:Physical Education</b>	
Day 1	Warming up exercise
Day 2	Warming up exercise
Day 3	Warming up exercise
Day 4	Warming up exercise
Day 5	Warming up exercise
Day 6	Introduction of volleyball
Day 7	Rules and regulations of volleyball
Day 8	Skill of volleyball
Day 9	How to take a lesson on volleyball
Day 10	Practice of volleyball
Day 11	Practice of volleyball
Day 12	Practice of volleyball
Day 13	Practice of volleyball
Day 14	Practice of volleyball
Day 15	Lesson on volleyball
Day 16	Lesson on volleyball
Day 17	Lesson on volleyball
Day 18	Introduction of judo
Day 19	Introduction of judo
Day 20	Rules and regulations of judo
Day 21	Skill of judo
Day 22	How to take a lesson on judo
Day 23	Practice of judo
Day 24	Practice of judo
Day 25	Practice of judo
Day 26	Practice of judo
Day 27	Introduction of cricket
Day 28	Rules and regulations of cricket
Day 29	Skill of cricket
Day 30	How to take a lesson on cricket
Day 31	Practice of cricket
Day 32	Practice of cricket
Day 33	Practice of cricket
Day 34	Practice of cricket
Day 35	Lesson on cricket
Day 36	Lesson on cricket
Day 37	Lesson on cricket
Day 38	Introduction of 200 meter race
Day 39	Rules and regulations of 200 m race
Day 40	Skill of 200m race
Day 41	How to take a lesson on 200 m race
Day 42	Practice of 200m race
Day 43	Practice of 200m race
Day 44	Practice of 200m race
Day 45	Practice of 200m race
Day 46	Introduction of handball
Day 47	Rules and regulations of handball
Day 48	Skill of handball
Day 49	Practice of handball

Day 50	Practice of handball
Day 51	Practice of handball
Day 52	Practice of handball
Day 53	Practice of handball
Day 54	Practice of handball
Day 55	Practice of handball
Day 56	Lesson on handball
Day 57	Lesson on handball
Day 58	Lesson on handball
Day 59	Lesson on handball
Day 60	Lesson on handball
Day 61	Introduction of badminton
Day 62	Rules and regulations of badminton
Day 63	Skill of badminton
Day 64	How to take a lesson on badminton
Day 65	Practice of badminton
Day 66	Practice of badminton
Day 67	Practice of badminton
Day 68	Practice of badminton
Day 69	Practice of badminton
Day 70	Practice of badminton
Day 71	Lesson on badminton
Day 72	Lesson on badminton
Day 73	Introduction of wrestling
Day 74	Rules and regulations of wrestling
Day 75	Skill of wrestling
Day 76	How to take a lesson on wrestling
Day 77	Practice of wrestling
Day 78	Practice of wrestling
Day 79	Practice of wrestling
Day 80	Lesson on wrestling
Day 81	Lesson on wrestling
Day 82	Lesson on wrestling
Day 83	Lesson on wrestling
Day 84	Introduction of javelin
Day 85	Rules and regulations of javelin
Day 86	Skill of javelin
Day 87	How to take a lesson on javelin
Day 88	Practice of javelin
Day 89	Practice of javelin
Day 90	Practice of javelin

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<b>Name of the Assistant Professor: Ms Sangeeta Adlakha</b>	
<b>Class And Section: BA 1<sup>st</sup> Sem</b>	
<b>Subject: Physical Education</b>	
Day 1	Introduction of syllabus
Day 2	Meaning of physical education
Day 3	continued
Day 4	Definition of physical education
Day 5	Objectives of physical education
Day 6	continued
Day 7	Scope of physical education
Day 8	continued
Day 9	continued
Day 10	Importance of physical education
Day 11	continued
Day 12	continued
Day 13	Historical development of ancient Olympics
Day 14	continued
Day 15	continued
Day 16	continued
Day 17	continued
Day 18	Historical development of national games
Day 19	continued
Day 20	continued
Day 21	continued
Day 22	Short answer type questions
Day 23	continued
Day 24	continued
Day 25	Revision
Day 26	Test of unit 1
Day 27	Introduction of unit 2
Day 28	Biological basis of physical activity
Day 29	Continued
Day 30	Meaning of exercise
Day 31	Types of exercise
Day 32	Continued
Day 33	Continued
Day 34	Importance of exercise
Day 35	Continued
Day 36	Meaning of growth
Day 37	Growth and exercise
Day 38	Meaning of well being
Day 39	Continued
Day 40	Exercise and well being
Day 41	Body types
Day 42	Continued
Day 43	Short answer type questions
Day 44	Continued
Day 45	Continued
Day 46	Continued
Day 47	Revision
Day 48	Test of unit 2
Day 49	Introduction of unit 3

Day 50	Growth of physical education in India
Day 51	Continued
Day 52	Continued
Day 53	Continued
Day 54	Laxmi Bai National University of physical education
Day 55	Continued
Day 56	Sports authority of India
Day 57	Continued
Day 58	Continued
Day 59	Netaji Subhash National Institute of Sports, Patiala
Day 60	Continued
Day 61	Young Men Christian Association
Day 62	Continued
Day 63	Continued
Day 64	Continued
Day 65	Indian Olympic Association
Day 66	Continued
Day 67	Revision
Day 68	Test
Day 69	Introduction of Unit 3
Day 70	Modern Olympic revival and progress
Day 71	Continued
Day 72	Continued
Day 73	Continued
Day 74	Continued
Day 75	Continued
Day 76	TEST
Day 77	TEST
Day 78	Performance of Indian players in olympics
Day 79	Continue
Day 80	Introduction of unit IV
Day 81	Sports awards in India
Day 82	Arjuna award
Day 83	Dronacharya award
Day 84	Continue
Day 85	REVISION
Day 86	REVISION
Day 87	Bhim award
Day 88	Continue
Day 89	REVISION
Day 90	REVISION

K.L MEHTA DAYANAND COLLEGE FOR WOMEN, FARIDABAD  
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<b>Name of the Assistant Professor: Ms Sangeeta Adlakha</b>	
<b>Class And Section: BA 3<sup>rd</sup> Sem</b>	
<b>Subject: Physical Education</b>	
Day 1	Introduction
Day 2	Continued
Day 3	Introduction to Unit 1
Day 4	Concept of health
Day 5	Continued
Day 6	Definition of health
Day 7	Continued
Day 8	Importance of health
Day 9	Continued
Day 10	Meaning of health education
Day 11	Continued
Day 12	Definition of health education
Day 13	Continued
Day 14	Importance of health education
Day 15	Continued
Day 16	Aims of health education
Day 17	Continued
Day 18	Meaning of health education
Day 19	Continued
Day 20	Objectives of health education
Day 21	Continued
Day 22	Health dimensions
Day 23	Role of physical activity towards different dimensions
Day 24	Continued
Day 25	Health dimensions
Day 26	Continued
Day 27	Short type answer question
Day 28	Revision
Day 29	Test of unit 1
Day 30	Introduction of unit 2
Day 31	Continued
Day 32	Food and nutrition
Day 33	Continued
Day 34	Continued
Day 35	Meaning of balanced diet
Day 36	Continued
Day 37	Factors affecting diet
Day 38	Continued
Day 39	Elements and functions of balanced diet
Day 40	Continued
Day 41	Continued
Day 42	Nutritional tips for vegetarian and non vegetarian
Day 43	Short type answer
Day 44	Test of unit 2
Day 45	Introduction to unit 3
Day 46	Continued
Day 47	Posture
Day 48	Continued

Day 49	Concept of posture
Day 50	Continued
Day 51	Value of posture
Day 52	Continued
Day 53	Causes of poor posture
Day 54	Continued
Day 55	Postural deformities
Day 56	Continued
Day 57	Precautions of postural deformities
Day 58	Continued
Day 59	First aid
Day 60	Continued
Day 61	General principles of first aid
Day 62	Continued
Day 63	Snake biting
Day 64	Continued
Day 65	Choking
Day 66	Continued
Day 67	Drowning
Day 68	Fainting
Day 69	Continued
Day 70	Fracture
Day 71	Continued
Day 72	Burns
Day 73	Continued
Day 74	Heat
Day 75	Continued
Day 76	Poison and unconsciousness
Day 77	Continued
Day 78	Short answer questions
Day 79	Test of unit 3
Day 80	Introduction to unit 4
Day 81	Exercise and life style disease
Day 82	Continued
Day 83	Nutritional tips for vegetarian and non-vegetarian
Day 84	Short type answer
Day 85	Exercise and obesity
Day 86	Exercise and heart disease
Day 87	Exercise and diabetes
Day 88	Exercise and stress management
Day 89	Test of unit 4
Day 90	Revision