

YOUTH RED CROSS

Session 2020-2021

K.L Mehta Dayanand College for Women, Faridabad



Principal: Dr. Vandana Mohla

YRC Counselors: Mrs. Archna Dua

Dr. Sangeeta Kulshrestha

Best Volunteers of YRC for the session 2020-2021

- Unit 1- Nishtha Madaan
- Unit 2- Tara Pantha

Annual Report of Youth Red Cross Activities During 2020-2021

1. Face Painting Competition

On Independence Day, face painting competition was organised. Volunteers painted their faces and shared their photographs.





2. Video Presentation

YRC Volunteers presented videos on patriotic Songs.

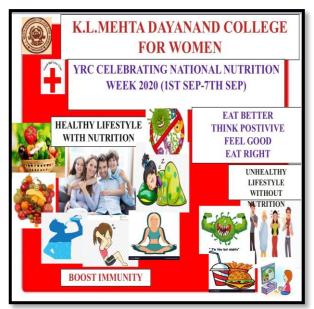




3. National Nutrition Week

National Nutrition Week was celebrated from September 1-7, 2020.

- Digital poster competition was organised. Topics for posters were
 - o Nutrition, Immunity and COVID
 - o Lifestyle diseases and Nutrition





New

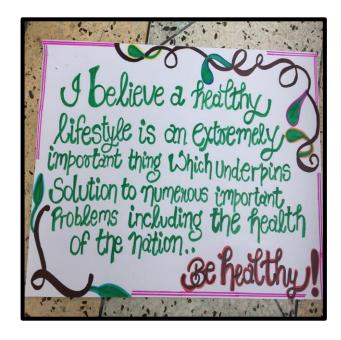




Entries of Poster making competition

• Slogan writing competition was also organised during National Nutrition week. Topic for the competition was 'Good Nutrition for Healthy Nation'.





Slogans making competition entries by YRC volunteers

4. Mask Making, Distribution and Awareness Drive

To create awareness during COVID-19 lockdown, our volunteers made various videos on mask making methods, hand washing techniques and sanitization, etc. and spread those videos through social media.



Mask making video

Our volunteers made masks and distributed to the needy persons near to their homes. They also spread awareness regarding the need and correct way of sanitization.





5. Webinar

The YRC volunteers attended a webinar 'Saaf Hawa aur Nagrik (SHAN)' by Lung Care foundation on 7/9/2020. They learnt steps to enhance clean air and how they can help community to lead the fight against air pollution.



Webinar by Lung Care foundation

6. Global Hand Washing Day

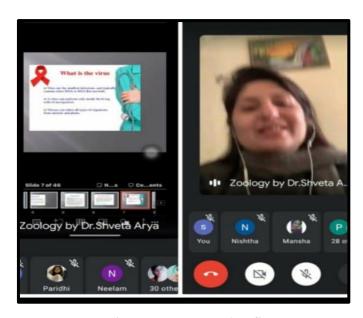
On Global Hand Washing Day (15th October), importance and correct way of hand washing was explained to the class IV employees of the college. Thirty employees were given a kit containing 4 hand washing soaps, one hand washing liquid soap, a hand sanitizer and 5 re-usable face masks.



Distribution of face masks and hand washing kits

7. World AIDS Day

To celebrate World AIDS Day, a virtual lecture was organised. Dr. Shveta Arya gave a lecture on Introduction, causes, mode of transmission, diagnostic test and treatment of AIDS.



Virtual Lecture on AIDS

8. World Cancer Day

To celebrate World Cancer Day, a PowerPoint Presentation Competition was organised. Theme of the competition was 'Causes and Prevention of Cancer'. Students had to make PowerPoint Presentations and present them.





PowerPoint Presentation Competition

9. Road Safety Month

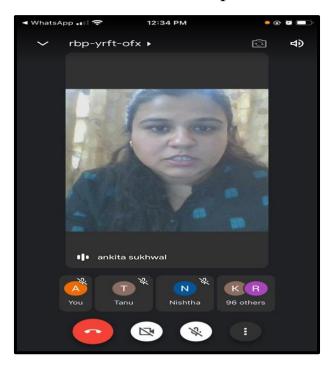
A poster making competition was organised to celebrate Road Safety Month (18th Jan. to 17th Feb., 2021). Topic of the competition was Road Safety.



Poster making competition on Road Safety

10. Virtual Training

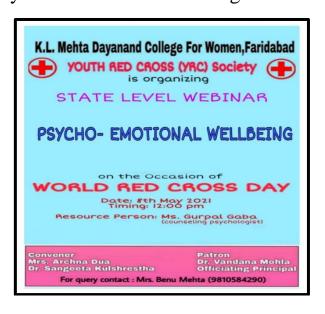
Ms Ankita Sukhwal, CSR Executive, Unicharm India gave Virtual Training on menstrual hygiene to YRC volunteers on 3rd April 2021.



Virtual Training on Menstrual Hygiene

11. World Red Cross Day

A workshop on "Psycho - Emotional Well Being" was organised to celebrate World Red Cross Day. Mrs. Gurpal Gaba (Counselling Psychologist) boosted Psycho-emotional well-being of student volunteers.





Workshop on Psycho - Emotional Well Being

12. Slogan Writing Competition

A national level slogan writing competition was organised on the topic-"The Global Pandemic-COVID-19" on 15th May, 2021.





Slogan Writing Competition on COVID-19

13. World No Tobacco Day

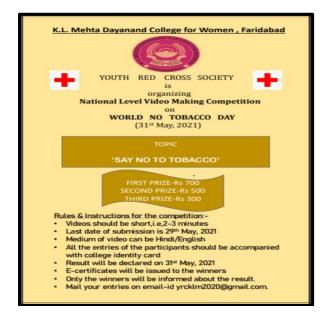
• On the occasion of World No Tobacco Day, YRC volunteers took pledge to make their environment tobacco free and will also motivate their acquaintances and families not to take any tobacco product.





Pledge to make environment Tobacco free

• A national level video making competition was organised to celebrate World no Tobacco Day. Topic of the competition was 'Say No to Tobacco'. Cash prizes were given to the winners.









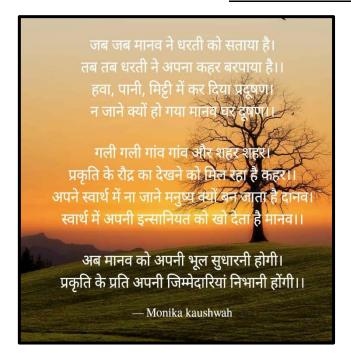
Video Making Competition on World No Tobacco Day

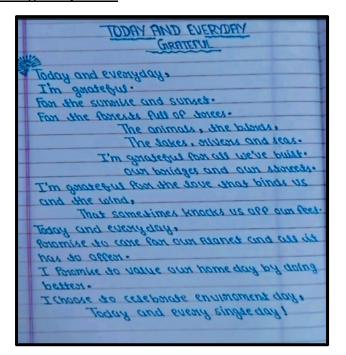
14. World Environment Day

To celebrate World Environment Day, a PoemWriting competition was organised at the college level. Theme of the competition was 'Environment'.



Brochure of Poem Writing Competition

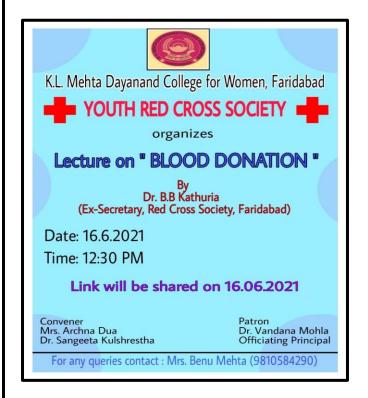


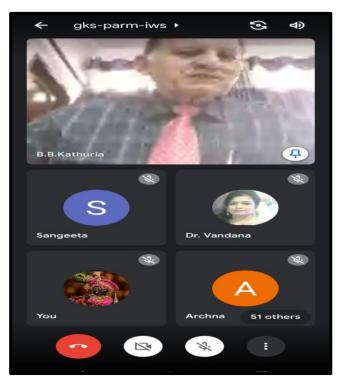


Entries of Poem writing Competition

15. World Blood Donors Day

To mark the occasion World Blood Donors Day, a Lecture was given by Mr. B.B. Kathuria (Former Secretary, District Red Cross Society, Faridabad). He described in detail the procedure and advantages of blood donation.





Lecture on World Blood Donors Day

16. International Yoga Day

Three days student exchange programme (21-23 June, 2021) was organised in collaboration of spiritual Clubs of the college and DAV Centenary College, Faridabad to celebrate International Yoga Day. Theme of the programme was 'Yoga for Immunity and Wellness'.









3 days Student exchange programme on International Yoga Day

17. Quiz

On 23rd June 2021, a quiz was organised. Theme of the quiz was 'Yoga for Immunity and Wellness Quiz'.



Result of Yoga for Immunity and Wellness Quiz

18. Doctors' Day

On Doctors' Day, our YRC volunteers showed their gratitude to Doctors and Nurses by making posters and writing messages. They sent pictures of posters and themselves holding placards in their hands. They also made collages from these pictures.





Posters to show gratitude on Doctors' Day

19. Video Presentation

YRC volunteers also made a video presentation on 1st July 2021, to thank doctors for their selfless service and sacrifice.



Video Presentation to thank Doctors

20. Vaccination Drive

On 30th July 2021, Youth Red Cross organized Vaccination Drive.







