



YOUTH RED CROSS

Session 2018-2019

**K.L Mehta Dayanand College for
Women, Faridabad**



Principal: Dr. Vandana Mohla
YRC Counselors:
Mrs. Archana Dua
Dr. Sangeeta Kulshrestha

Best Volunteers of YRC for the session 2018-2019

- **Unit 1- Tanya Luthra**
- **Unit 2- Riya Sharma**

Annual Report of Youth Red Cross Activities

During 2018-2019

In order to motivate students to protect human life and health, two units of Youth Red Cross are working under the guidance and support of Principal Dr. Vandana Mohla and supervision of Mrs. Archna Dua and Dr. Sangeeta Kulshrestha.

1.Orientation Day

On 10/8/2018, YRC celebrated the orientation of newly joined volunteers. Volunteers took oath to promote healthy and hygiene consciousness in the society. Mr. Archna Dua (YRC Counsellor Unit I) gave the lecture on the history and activities of Youth Red Cross.



Orientation Day Ceremony

2. International Youth Day

International Youth Day was celebrated on August 10, 2018. Dr. Shweta Arya of Department of Zoology talked about AIDS. A documentary film on AIDS was also shown to the YRC volunteers.



3. Expert Talk on Plastic Pollution

A lecture on plastic pollution was arranged with the help of an NGO. Ours is a polythene free campus.



4. Expert Talk on Thalassemia Awareness

- On 24th Aug 2018, a talk was organised on Thalassemia awareness in collaboration with NGO “Foundation against Thalassemia”.



- On 25th Aug 2018, blood testing for Thalassemia screening was done for 400 students. Also tree plantation was done in college campus to mark environment pollution free.



Thalassemia Screening

5. Eye Care Check-Up Camp

- On 4th September 2018, Dr. Deepak (Ophthalmologist) from Fortis Hospital (Faridabad) gave a lecture on eye care.
- Eye Check-Up Camp was also organised in collaboration with Fortis Hospital, Faridabad



6. National Nutrition Week

Mrs. Kiran Dalal, Chief Dietician (Fortis Hospital, Faridabad) gave a lecture on 'Diet during Adolescence on 4th Sept 2018.



7. Orientation Course

YRC Counsellors attended an orientation Course at M.D. University, Rohtak, on 21st November 2018.

8. World AIDs Day

World AIDS Day was celebrated on 1st December 2018. A talk was given by Ms. Neha Dagar and Ms. Hemlata of Zoology Department.



9. YRC Camp

From Feb. 4th to 8th 2019, 12 YRC volunteers and the two Counsellors attended the camp organised by District Red Cross, Faridabad at D.A.V. Centenary College, Faridabad.



10. Expert Talk and Health Check – Up

Dr. Indu Taneja (Senior Gynaecologist) from Fortis Hospital, Faridabad talked about Anaemia among adolescents on Feb, 13, 2019 and Dr. Priyanka, Gynaecologist gave free medical consultation to the YRC volunteers. Weight and Blood Pressure of students were also checked.

11. Expert Talk on CPR

Dr. Supratik Ghosh from Fortis Hospital, Faridabad gave a lecture and demonstration on life saving CPR technique to Red Cross Volunteers.



12. Expert Talk on Sex Education

On 5th March 2019, Dr. Mahima, wellness expert from Fortis Hospital gave a lecture on Sex Education.



13. Blood Donation Camp

- A motivational lecture on blood donation was given by Dr. Anshu Gupta on 5th March, 2019.
- On 6th March 2019, a blood donation camp was organised in the college campus in collaboration with NSS and Rotary Club of Faridabad ' Sanskar'. A total of 110 units of blood were collected.



14. Workshop on Disaster Management

On 21st March 2019, 14 volunteers of YRC Unit I and II attended one day university level workshop on Disaster Management.



15. 7 Days First Aid & Home Nursing Camp

- Seven Days First Aid and Home Nursing Camp was organised from 25th March to 2nd April 2019 in collaboration with Indian Red Cross Society, Faridabad. 53 volunteers from both the units participated in the camp.
- Prof. Dinesh Chandra Kumari from Anangpuria University gave a lecture on Disaster Management.
- During the camp, poster making, slogan writing, poetry recitation, dance and power point presentation competitions were organised, prizes were given to the winners.
- Volunteers prepared and presented puppet show “Bal Vivah Apradh Hai”.



- On 2nd April 2019, closing ceremony of the camp was held. Mr. Vikas, Secretary, Indian Red Cross Society, Faridabad District was the Chief Guest Mr. B.B. Kathuria (Retd. Secretary) and other officials from Indian Red Cross Society, Faridabad branch were also present.



16. Workshop on Anaemia

Our 29 volunteers attended one day university level programme on “Anaemia Causes and Cure” on 5th April 2019.



17. Visit to Blind School

On 8th May 2019, our two counsellor and some of our students visited blind school (National Association for Blind) to celebrate World Red Cross Day. They also visited their hostel and mess and observed hygienic conditions.

18. 5 Days District Level Youth Red Cross Camp

Three of our volunteers also attended 5 days District level Youth Red Cross Health and Hygiene Awareness/ Training Camp from 20th May to 24th May 2019 at Aggrawal College, Ballabgarh. Two Counsellors also attended the camp.